

The Arlington Forester



Volume 52, Number 6

Arlington, VA

March 2011

Save the Amphitheater

There have been major developments over the past month in the community effort to convince the County Board to fund the Repairs necessary to allow the resumption of family-oriented live performances under the trees and stars at Lubber Run Amphitheater.

On March 1, the Lubber Run Amphitheatre Foundation issued a press release announcing its incorporation as a non-profit foundation dedicated to saving Lubber Run Amphitheater. In a story about the announcement in the online version of the *Arlington Sun Gazette* newspaper, Arlington Forester Esther Bowring was quoted as saying that "Formation of this foundation gives citizens throughout Arlington and the D.C. metro area a much stronger voice in our fight to save the Lubber Run Amphitheatre... We are organizing a new board of trustees - representing community associations, business and the arts - that will have the flexibility and legal credibility to engage the Arlington County government in constructive and serious discussions."

On March 3, the print version of the *Arlington Sun Gazette* carried a letter by Arlington Forester John Naland that highlighted the lack of transparency in the County staff's year-long study of options for the future of the amphitheater. The letter expressed concern that the County staff may be drafting a "Taj Mahal option" designed to make the renovation of the amphitheater appear to be too expensive. Instead, the letter called on the County Board to fund a no-frills rehabilitation.

The countywide Arlington County Civic Federation forwarded copies of both the press release and the letter to all of the Arlington neighborhood citizens groups to help get others beyond Arlington Forest involved in trying to save this countywide facility.

Next Steps

The Lubber Run Amphitheatre Foundation has launched an on-line petition to ask Arlington County to support repair, *....Continued on page 3*

Spring Cleanup on April 30

Do you enjoy walking, jogging or biking in our neighborhood parks? Do you have children who you want to learn to care about the environment? Do you want to get out in the fresh spring air to benefit from some light exercise? Do you want to get to know your neighbors better? Do you want to help protect the Chesapeake Bay watershed? Do you want to keep your property value up?

If you answered "yes" to one or more of these questions, then please mark your family calendar for Saturday, April 30, from 9 to 11 AM. That is that date of the first annual Arlington Forest Spring Cleanup.

This event builds upon two long-standing and well-attended smaller initiatives: the annual effort by Southside residents to clean up the buffer strip along the south side of Route 50 and the semi-annual effort by residents near the first two blocks of N. Granada to clean up Four Mile Run just

north of the Route 50 overpass.

To involve residents from all corners of Arlington Forest in cleaning up our neighborhood, this year we have established four additional focus areas for spring cleanup: Lubber Run Park, the 2nd St traffic circles, Four Mile Run near the foot of *....Continued on page 3*

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AFCA Meeting 7 p.m. March 16 at Barrett School

THE ARLINGTON FORESTER

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Editor's Note

The *Arlington Forester* welcomes your articles, news notes and letters. Contributions should focus on events or issues specific to our neighborhood and should not exceed 400 words. We also welcome photos accompanied by an explanatory caption. Please e-mail submissions to nalandfamily@yahoo.com. Upcoming deadlines (which vary with the date of the monthly AFCA meeting) are: Apr 8 and May 6. Available space fills up before the deadline, so e-mail the editor in advance if you plan to submit a long article or photo. Submissions are subject to editing.

President's Column

By Julie Kirchhoff, AFCA President

Hello Foresters! Spring will be 'springing' soon! Hopefully, at least! In this crazy weather season, it's easy to get caught without the right jacket or no hat - because the morning was sunny and warm, but then the afternoon turns cold and windy! It's also easy to catch a cold or even the flu. Now is the time to take extra care with your health ... remember your vitamins, get a good night's sleep, eat and drink well, exercise, etc. So - I'm telling you something you already know.

What you might not know, is that we've got several events planned for the upcoming spring season. And we want you all to be healthy enough to be able to join us in our efforts!

We've got a multiple-location spring clean up effort planned for April 30 as well as our annual Community Yard Sale on May 21.

The Big News is the accomplishments recently had by our Lubber Run Amphitheatre group! They've established the Foundation and have made news in several local publications! Great work is being done by that group and they plan to continue the momentum by meeting immediately after our regularly scheduled AFCA meeting on the third Wednesday of the month. They are doing a great job and continue to look for local support from you - the Foresters. So, please plan to attend and help move this effort forward and keep our local arts community ALIVE!

There has also been some talk about Dominion Power issues - especially in our Greenbrier section - of power outages with the storms, etc. So we may have someone at our next meeting on that issue. We welcome our neighbors to come to us with their concerns and so that we can support them in a plan that they create and perhaps might need our support. In fact, I need to call Dominion about the sparks that are again producing from one of their poles in my back yard....

As always; the AFCA is here to assist in any neighborhood concern. And we hope that those neighbors with issues come to the meetings to present the issues at hand with the intent of the neighborhood assisting them in their efforts.

Hope to see all of you at our meeting. And, again...See YOU around the Forest!

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Tips to Prevent a Vehicle Break-In

by Jennifer Klapper

After reading last month's *Forester*, I felt compelled to add a few tips for preventing a vehicle break-in. Locking your car doors is always a helpful tip, but how do you get a criminal to bypass your car altogether? As a victim of grand theft auto, I've spent plenty of time thinking about this subject. While my tips aren't indorsed by any police department, I believe that they should be.

Tips (not endorsed by Arlington County Police) to Prevent Vehicle a Break-In:

- 1) Get rid of the GPS and replace it with a Washington D.C road map. The key is to make sure the road map is open and visible in the front seat of the car. The crook will be so shocked, they'll move on to the next car.
- 2) Try putting drops of fake blood on the windows and a bloody latex glove on the dashboard. These props scream accessory. No car thief wants to be a part of that.
- 3) I've always been a fan of fuzzy dice hanging on a rear view mirror. The dice give off a gangster vibe. That criminal knows what's going to happen if they try to take change out of your ashtray.
- 4) Tie a string around your finger, as a reminder to shut your car doors and roll-up your windows. If it wasn't for the string around my finger, I don't think my mini-van would still be parked in my driveway after 8 months.
- 5) Lastly, install an 8-track tape player. Can't find one, try EBay.

At this point, the criminal won't even bother with your fuzzy dice wearing, 8-track tape playing, no GPSing, faux crime scene, doors closed, rolled up windowed car. You may not even need to lock it!



BABBLING BROOK: Help keep Four Mile Run pristine along with other Arlington Forest neighborhood gems with the spring cleanup efforts.

Save the Amphitheater ...from page 1

restoration and renewed programming for Lubber Run Amphitheater to preserve its unique role in the community. Please add your support to that petition today at <http://www.ipetitions.com/petition/savelramphitheater/> Ask your friends and neighbors to do likewise.

On March 22, the Foundation will testify on the amphitheatre's behalf before the Arlington County Board at a public hearing on the County's proposed fiscal year 2012 budget. The County Manager's proposed budget plan funds neither maintenance nor performances at the Lubber Run Amphitheatre this summer. Foundation trustees also plan to meet with County officials soon to help develop information to encourage County leaders to make room in the 2012 budget for the amphitheatre.

If you want to get involved in this community effort, the Foundation's next meeting will be on Wednesday, March 16, in the Barrett School library immediately following the Arlington Forest Citizens Association monthly meeting which begins at 7 PM and usually lasts around an hour.

Spring Cleanup ...from page 1

Save the Date:
April 30
Spring Cleanup

S Park Dr, and the buffer strip on the north side of Route 50.

The Arlington County parks department has warmly welcomed this initiative which will take on litter control, dead brush removal

and invasive plant eradication efforts that the County's limited staff cannot keep up with. The County will provide trash bags and will take charge of hauling away the trash and collected brush. Local Cub and Boy Scouts will also lend a hand.

The only thing else that we will need is you. Many hands make for light work -- so the more volunteers who participate on April 30, the more progress can be made to improve community spaces for our spring, summer and fall enjoyment.

Full details, including a map detailing the meeting points and cleanup areas, will be published in the April issue of this newsletter. But what we need immediately is for one or two volunteers to step forward to serve as cleanup day coordinators at each of the four new sites: Lubber Run Park, 2nd St traffic circles, the foot of S Park Dr and the north side Route 50 buffer strip. Coordinator duties will only consist of being briefed in advance about the specific site plans and then, for two hours on cleanup day, keeping the other volunteers generally pointed in the right direction.

So, if you live near one of the new focus areas and can volunteer to oversee efforts at that site, please e-mail John Naland at nalandfamily@yahoo.com by March 31.

AF 101: Winter Cleanup

by John Naland

After the last snow is shoveled and before grass-cutting begins, late winter is a good time to take care of other "To Do" list items around the yard. This month's "Arlington Forest 101" column offers suggestions.

The County requires property owners to cut back trees, hedges, shrubs, vines and any other vegetation that encroaches on sidewalks or streets and thus impairs pedestrian or vehicular traffic. Now, before the growing season resumes, is a good time to cut back vegetation that is already partially over the sidewalk.

Likewise, if you have down limbs around your yard or at your curb, you can schedule a special bush pickup. For details, see the "Trash and Recycling" section on the Department of Environmental Services website. The County's regular spring yard waste collection begins March 21. Yard waste in paper lawn bags will be collected one day after your regular trash day.

To get rid of oversize junk such as furniture, appliances, and carpets, the County has several pick up programs depending on the type of item. The next E-CARE event to drop off cans of paint, old computers and such items is

Saturday, April 9, 8:30 AM-3 PM at Thomas Jefferson Middle School.

Has your County-provided trash bin or recycling cart seen better days? Bins and carts with detached lids, broken wheels or large holes will be repaired or replaced by the County. It only takes a few seconds to request repair at <http://egov.arlingtonva.us/SolidWasteRequests/> or by calling 703-228-6570 weekdays 8 AM to 5 PM.

What about the street lights near your house? If one is burnt out, it just takes a few moments to report it. You only need know the address of the closest house to request repair on the website of the County's Department of Environmental Services or by calling 703-228-6570.

What about your sidewalk and street? To report a sidewalk that poses a tripping hazard or a street pothole, call 703-228-6570 or file a report on the Department of Environmental Services website.

Finally, late winter is a good time to clean out closets, drawers and basements to gather old clothes, toys and other unneeded household goods to be donated to charity or to be sold at Arlington Forest's annual Community Yard Sale on May 21.



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Jim

Neighborhood Notes

by John Naland

While we were relieved to see that pasteurized milk will not spoil when left in a basement walkout for 23 hours in near freezing weather, other impacts of the repeated long power outages over the past few months across large portions of Arlington Forest were not so benign: inside temperatures falling to the mid-50s, reading by flashlight and showering by candlelight (at least our house has a natural gas water heater). Our Comcast telephone, internet, and TV were out as well, but we are unfortunately more used to that.

According to reports on the AFMoms listserv, numerous Foresters called Dominion Virginia Power (presumably via cell phone) during the February 25-26 outage to ask what was going on. Apparently, a tree along N. Carlin Springs Road uphill from Four Mile Run fell and took down power lines. Dominion customer service representatives said that the fallen tree came from private property, thus Dominion was delayed in responding by having to first get the property owner's permission.

The customer service reps promised to pass the complaints about the recurring outages to Dominion's reliability department which they said would look into the issue to try to figure out how to minimize future outages.

Many Greenbrier Section residents also suffered a 22 hour power outage over January 26-27. In fact, the power has recently gone out more frequently and for longer periods at our Arlington Forest house than it did at the house we lived in for three years in Mexico.

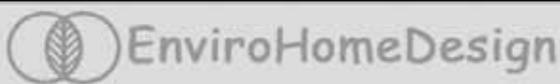
These recent power outages will be discussed at the March 16 Arlington Forest Citizens Association meeting. Please attend if you are concerned with this issue. AFCA President Julie Kirchhoff is inviting a Dominion representative to attend the meeting but that participation had not

been confirmed as this newsletter went to press.

If a Dominion rep does attend, one question that I have concerns the frequency with which Dominion trims trees that stand near or actually overhang its power lines. I also wonder why, if Dominion is focused on providing reliable electrical service, each month our electrical bill is accompanied by a flier urging us to buy a backup power generator from Dominion.

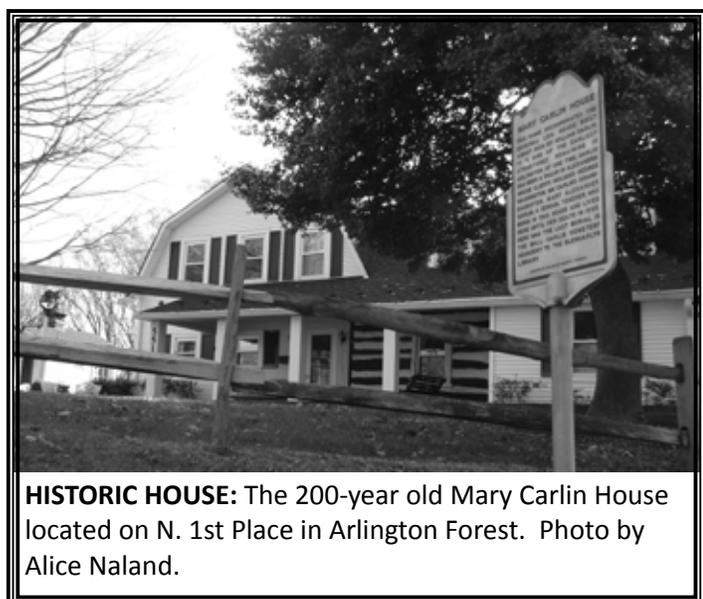
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Mar 16th, 7 p.m. at Barrett School**

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HISTORIC HOUSE: The 200-year old Mary Carlin House located on N. 1st Place in Arlington Forest. Photo by Alice Naland.

Around the Forest

Crime Watch: Here is some advice from the Arlington County Police Department to put the brakes on bike theft: In 2010, 390 bikes using cables or chains as locks were reported stolen in Arlington. The cables can quickly be cut with a rechargeable cutting tool and the padlocks are easily broken. To prevent your bike from being stolen:

- 1) Use a U-Lock. Properly secured this offers the best protection against theft. Secure the frame of your bike to a solid object, preferably one weighing more than the bike. And if you have a releasable wheel, it too should be secured with the frame.
- 2) Always lock your bike no matter what its value.
- 3) Register your bike with the Police Department. Registration is easy and free and you can do it online at www.arlingtonva.us. Go to Online Services and click on Register your Bike. You will receive an ACPD decal in the mail within 7 days to place on your bicycle which, when visible, is a definite deterrent to theft.

If you do become a victim, file a report immediately. Go to www.arlingtonva.us/police and click on Report a Crime. Include brand, model, color and serial number. Finally, if you see an abandoned bike, it may be a stolen bike, so please report it immediately to 703-228-4057. Leave your phone number and a description and location of the bicycle.

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Yard Waste Recycling: The County's spring yard waste collection begins March 21. Biodegradable paper bags containing flower bed debris, leaves, dead plants, weeds, vines, wood chips, pine cones, small branches but NO GRASS CLIPPINGS are collected on the next business day after our regular trash collection day through April 29. Remove dirt, stones, litter and other debris and then place the leaves in biodegradable bags that will be mulched along with their contents. Place the bags at the curb by 7 AM on pickup day. Free bags are available at four locations including Thomas Jefferson Middle School.

Student Athlete: Washington-Lee High School junior Carl Buerger won the Virginia state diving championship for Group AAA boys in a Feb. 19 competition in Virginia Beach. The Arlington Forest resident had previously finished fourth as a freshman and third as a sophomore.

Student Honored: Kenmore Middle School six grade student Alice Naland, 100-block N. Granada Street, won first place in the "Capturing Arlington" photo contest held by the Arlington County Library. The contest documented the changing face of Arlington to ensure that places which might eventually disappear would be photographed for historical record. Her winning photo was of Mario's Pizza House on Wilson Blvd. All winning photographs will be on display on the first floor of the Central Library during April and can be viewed on the Arlington County website (search "Capturing Arlington").

New AFCA Treasurer: Many thanks to Southside resident Erin Clougherty who answered the call in last month's newsletter for a volunteer to take over as AFCA Treasurer replacing Barret Hildebrand who is stepping down after four years of dedicated service. The transition of duties should be completed in April.

*Start getting your stuff together for the
Community Yard Sale, May 21, 8am-Noon*

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Forest Exchange

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Kids for Hire: Need babysitting, dog walking or other help around the house? Don't forget this newsletter's "Kids for Hire" feature on Page 13 in which 15 neighborhood teens and tweens offer their services.

Ivy Removal: Forester Paul Kovenock, 703-525-5221, is available to advise Forest homeowners adjacent to Lubber Run Park on ridding their yards of invasive English ivy and voluntarily supervising day laborers to get it done.

Wanted: AFCA annual dues. Send your membership registration coupon along with \$10 annual household dues to your AFCA section VP today. Thanks!

Put Your Notice Here: Send your notice to nalandfamily@yahoo.com by Apr. 8.

AFCA MEMBERSHIP DUES

ANNUAL DUES \$10 PER HOUSEHOLD

Deliver this form and your check for \$10 payable to "AFCA" to your respective AFCA section vice president.

Greenbrier: Tom Smialowicz, 26 N. Granada St. 22203

Northside: Allison Kennett, 139 N. Park Dr. 22203

Southside: Douglas Sims, 119 S. Columbus St. 22204

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Membership Drive

If you enjoy having neighborhood news delivered to your doorstep in this newsletter, please make sure that you have sent in your \$10 AFCA dues for the Sept 2010-Aug 2011 fiscal year. As of Mar. 1, just 284 of the 853 households had paid. Participation rates by section:

- Greenbrier Section - 36%
- Southside - 35%
- Northside - 28%

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Local Shop: Brick's Pizza

by John Naland

[This continues our series of articles profiling businesses in the Arlington Forest Shopping Center. Please support our local economy by thinking of your neighborhood merchants when you need goods or services.]

Fast delivery of fresh, tasty pizza that is made from scratch daily using a special sauce recipe is what has kept the telephones ringing at Brick's Pizza since it opened seven years ago this month. Arlingtonian Jeff Brick opened his namesake pizza delivery restaurant here on March 1, 2004 after years spent perfecting his pizza-making skills in New York City and Austin, Texas. Starting with a family recipe for pizza sauce, he has tweaked the ingredients over the years to arrive today at the balance of flavors that area customers prefer.

My family regularly orders from Brick's Pizza, either for ourselves or when our kids have friends over. In nice weather, we sometimes pick up a pizza at Brick's to eat on a picnic table in Arlington Forest Park in front of the shopping center. Dog owners please note that eating a pizza in the park is one of the few ways that Fido can come along when you eat out.

Brick's menu (www.brickspizzadelivery.com) features both standard pizza combinations and several specialty pizzas such as The Arlingtonian. The menu (both print and

online) offers several money-saving coupons. The Best Deal is available anytime and offers a second pizza at 50 percent off when you buy any size pizza. There is also a Free Pizza Tuesdays deal that offers the second pizza free when you buy an extra large pizza on a Tuesday. The Lunch Deal offers a medium two-topping pizza and one soda for \$10.49.

In honor of his seventh anniversary, Brick's is offering free cheesybread (breadsticks covered with fresh mozzarella cheese and topped with cheddar cheese, served with Marinara and garlic sauces on the side) with any order during the month of March. Mention the Arlington Forester when you order.

This local, family-owned, neighborhood pizza delivery restaurant opens daily at 11 AM. It closes at midnight on Monday through Thursday; at 1 AM on Friday and Saturday; and at 11 PM on Sunday. Its phone number is 703-243-6600. Major credit cards are accepted.

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St. John's Episcopal Church
415 S. Lexington Street, Arlington, VA 22204
Sunday Holy Eucharist
8:00 a.m. & 10:00 a.m.

Mark Your Calendar for these events:

- **March 15, 6:30 p.m. – Lenten Dinner & speaker**
- **March 26, 7:00 – 9:00 p.m. – Game Night**
- **April 5, 7:30 p.m. – St. John's Book Club**

Visit us on the web at stjohnsarlington.thediocese.net

Barcroft School News

Join us for great events happening at **Barcroft Elementary** in March and April. Special fitness programs include our weekly **Monday Mornin' Movers** (MMM). Depending on the weather, we meet at the outdoor track or the gym from 8:30 to 8:50 AM. MMM meets on March 14, 21, and 28, and April 25. The PTA is also hosting a **Family Fitness Night**: ZUMBA dance on Friday, Mar. 25, from 7 to 8 PM.

Barcroft will host two **Orientation/Open Houses** for prospective parents in March and April: Thursday, Mar. 31, from 9:15 to 11:15 AM and Thursday, Apr. 14 at 12:45 PM. Join us on one of these dates for a tour of the school and learn more about Barcroft.

There are two other special events that our neighbors are welcome to attend. On Wednesday, Mar. 30, Barcroft will host a 2nd and 3rd Grade **Leonardo da Vinci Fair** from 5:30 to 6:30 PM. Second and Third Grade classrooms will be open for parents and other visitors to examine the writing, science and art concepts explored in Barcroft's Leonardo da Vinci program. On Thursday, Mar. 31, Barcroft will host the 3rd Quarter **Leonardo da Vinci Learning Day**. The school will be open all day for parents and neighbors to observe and review student 3rd Quarter learning. Please

join us and see your neighborhood school in action!

In April, Barcroft will offer **Spring Intersession Classes** from Monday, Apr. 4 through Friday, Apr. 15. During these two weeks, students have the option of taking a break from school or attending exciting intersession classes. Intersession classes are designed to integrate fun, creative activities with concepts recently learned in subjects such as Math, Language Arts, P.E., Art, and Science. Classes offered include "Crime Scene," an introduction to forensic science, fingerprints, and evidence; "Great Migrations," a study of animal migration patterns like that of the monarch butterfly; and "Art Studio" where students study art and art techniques from the Masters as well as modern artists from around the world.

During Spring Break, Barcroft will host a **Fitness and Nutrition Camp** from Monday, Apr. 18 to Thursday, Apr. 21. Student campers will spend the day exercising with their friends, cooking with local chefs and sampling nutritious foods.

To learn more about **What's Happening at Barcroft** in 2011, go to <http://www.apsva.us/15452010312423667/site/default.asp>.

Upcoming AFCA Meetings are March 16, April 20 & May 18.



Real Estate Facts

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Community Calendar

AFCA Meeting: Wednesday, Mar 16, 7 PM at Barrett School library. Join your neighbors to discuss issues facing our community. See the President's Column on Page 2 of this newsletter for agenda items. Think global, act local!

Yard Waste Recycling: The County's spring yard waste collection begins Mar 21 and runs through Apr 29. See Page 6 of this newsletter for details.

Lubber Run Park: Wednesday, Mar 23, 7 PM at the Arlington Central Library Auditorium. A program highlighting the successful effort to remove invasive plants from Lubber Run Park. Speakers include Arlington County Board Chairman Chris Zimmerman and Arlington Forest resident and community activist Paul Kovenock.

Kenmore Play: Thursday, Apr 7 and Friday, Apr 8 at 7 PM in the Kenmore Middle School auditorium. Kenmore's Showtime Production of "Once Upon a Mattress," a whimsical play written as an adaptation of the Hans Christian Andersen fairy tale "The Princess and the Pea," is sure to please audience members both young and young at heart.

Ballston Arts and Crafts Market: Saturday, Apr 9, 10 AM to 4 PM, in Welburn Square (across the street from the main Metro entrance). Dozens of handicraft vendors return for this monthly market held the second Saturday of each month until October.

E-CARE: Saturday, Apr 9, 8:30 AM-3 PM at Thomas Jefferson Middle School. Drop off hazardous fluids and old computers. See Page 12 of this newsletter for details.

Arlington Forest Club: Sunday, Apr 10. Spring membership meeting. The main agenda item will be a vote on whether to approve construction of a new bathhouse.

Orientation for Rising Kindergartners: Thursday, Apr 14 from 12:45 to 2:15 PM at Barrett Elementary School. Learn more about the exciting programs offered. The orientation will include an informational presentation, a school tour, and exhibits of students' products.

Arlington Forest Spring Cleanup: Saturday, Apr 30, 9 to 11 AM at locations around Arlington Forest. Come help clean up community spaces around your neighborhood. See article starting on Page 1 of this newsletter for details.

Community Yard Sale: Saturday, May 21, 8 AM to Noon (rain date May 22). Arlington Forest's long-running annual Community Yard Sale. Tips on how to conduct a successful yard sale will appear in this newsletter next month.

Taste of Arlington: Sunday, May 22, Noon to 5 PM on Wilson Blvd. in front of Ballston Mall. The annual chance to sample delicious food by dozens of Arlington restaurants.



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SKIN

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Pre-postnatal
Combination

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New Customer Specials: Hair Color & Haircut \$80; Permanent \$75
 (Bring this Arlington Forester coupon with you.)

Nature News

Long Branch Nature Center: LBNC has numerous programs for children and families advertised in its quarterly newsletters *The Snag* and *The Snag for Wee Ones* which are available at the nature center and on the County website (search "nature centers"). Most programs require pre-registration. LBNC is open Tuesday to Friday from 10 AM to 5 PM; Saturday from Noon to 5 PM, and is closed on Sunday and Monday.

Green Living Expo: Saturday, Mar 19 from 10 AM to 4 PM at Washington Lee High School. Arlingtonians for a Clean Environment (ACE) invite you to their annual Green Living Expo which will feature green suppliers, products from local and national businesses, exhibits and seminars from government agencies and nonprofits, and more! The goal is to educate residents about practical ways they can green their lifestyles, focusing on energy conservation, solid waste reduction, eco-friendly transportation, green home remodeling, sustainable landscaping, and healthy homes. The Expo will also include seminars, a raffle, activities for children, and a special focus on greening our schools. It will provide an important venue to showcase new technology and products available that can help soften our carbon footprints in Arlington.

Restoring Lubber Run Park: Wednesday, Mar 23, 7 PM, Arlington Central Library Auditorium. Local environmental groups and County officials highlight the importance of community action in reclaiming our natural areas in a program will focus on the success story of the restoration of Lubber Run Park. In 2000 Lubber Run Park was covered with invasive plant species that were killing the native plants and turning the park into a wasteland of weeds. Neighbors and community volunteers played a critical role in educating the community and pushing for the restoration of this beloved park. Speakers will include Greg Zell, recently retired Arlington County Natural Resources Specialist and Paul Kovenock, Arlington Forest resident and community activist.

E-CARE: Saturday, Apr 9, 8:30 AM to 3 PM at Thomas Jefferson Middle School. Dispose of hazardous household materials, computer monitors, and televisions (15 fee for computers and a \$20 fee for televisions). Recycle small metal items, electronics, shoes, eyeglasses, and durable medical equipment. In addition, serviceable bikes are being collected by Bikes for the World to be sent to countries where they are needed for basic transportation.

Lawn Care Basics Workshop: Wednesday, Mar 16, 6:30 to 8:30 PM, Arlington Central Library. Free public workshops offer expert advice on rejuvenating your yard this spring offered by Master Gardeners of Northern Virginia. Pre-registration is required; contact Master Gardener Help Desk 703-228-6414; ex013mg@vt.edu.

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Arlington Forest United Methodist Church

4701 Arlington Boulevard, Arlington, VA 22203

www.arlingtonforestumc.com

Casual Worship: 8:30am., Godly Play: 10am, Traditional: 11am. Sunday



"O Jonah" Children's Musical on March 20, at 5pm

Easter Egg Festival on April 23, at 10am



Join us on Main Street at Arlington Forest UMC for VBS! Registration begins in May.

"Your neighborhood church only a walk away"

Kids for Hire

These Arlington Forest tweens and teens are available to help out with babysitting, dog walking, pet sitting, yard cleanup, lawn mowing and other services. They are listed by neighborhood, but some may prefer to stay within a few blocks of their house. Contact them to discuss availability and fees.

Northside:

- Sophia Constantine, pet sitting, dog walking, cpconstantine@comcast.net, 703-841-9229
- Isaac Mortimer-Lotke, babysitting (Red Cross certified), 703-276-9046
- Marika Mortimer-Lotke, babysitting (Red Cross certified), 703-276-9046
- Joshua & Sammy Patecell, yard work, mowing, joshua-patecell@yahoo.com, 703-524-6891
- Bo Sampson, babysitting (Red Cross certified), Trombone lessons (4th and 5th graders), Bo.i.samps@gmail.com, 703-522-2761

Southside:

- Samantha Harris, yard work, mowing, pet sitting, dog walking, samanthaharrisservices@gmail.com, 571-225-5604
- Jon Tiernan, dog walking pet sitting, mother's helper (Red Cross certified), jonny.boy4@hotmail.com, 703-979-5046

-- Liz Tiernan, dog walking, pet sitting, mother's helper (Red Cross certified), lizzytiernan@hotmail.com, 703-979-5046

Greenbrier Section:

- Andrew Bryant, yard work, mowing, skatebk93@aol.com, 703-312-9310
- Kate Felsenheld, pet sitting, dog walking, k.cliffhero@gmail.com, 703-276-9874
- Emily Goldman, babysitting (Red Cross certified), dog walking, Tsukiko8@gmail.com, 571-288-5198
- Alex Hendel, dog walking, tutoring (pre-K to 5th grade in science, math and history), alexhendel@gmail.com, 703-763-0070
- Alice Naland, mother's helper, pet sitting, dog walking, yard work, nalandfamily@yahoo.com, 703-888-0125
- Lucy Naland, babysitting (Red Cross certified), pet sitting, dog walking, nalandfamily@yahoo.com, 703-888-0125

Middle school or high school students who want to be on this list next month send your name, e-mail address and/or phone number, neighborhood and list of services to John Naland at nalandfamily@yahoo.com by April 6. Babysitters note if you are Red Cross certified.

Our Services:

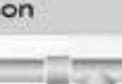
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\$20 OFF Any Other Service Call All Plumbing, Inc. 703-525-7973 <small>Cannot be combined with other offers.</small>	\$100 OFF Whole House Re-piping All Plumbing, Inc. 703-525-7973 <small>Cannot be combined with other offers.</small>







Culpepper Garden Senior Center

Call 703-228-4403 to confirm details and register. Unless noted, programs free for adults 55+:

TAI CHI: Join others to share serene practice sessions every Monday at 12:30 PM and Wednesday at 1:30 PM.

WALKING CLUB: Join us for a two-to three mile walk to one of our many beautiful parks or trails. The van leaves from Culpepper Garden Senior Center. Travel by van to the scheduled location. Wednesdays 9:30 AM to 12 PM. \$3 per session.

ORIGAMI: The therapeutic benefits of this paper-folding art form help to refine mental skills including listening and reading, hand-eye coordination, visual/spatial memory and problem solving. Practice using these skills in a fun activity led by an origami instructor. Friday, Mar. 18, and Friday, Apr. 15, 10:30 AM to 11:30 AM.

FREE LEGAL SERVICES: Legal Services of Northern Virginia offers advice, counsel and services to seniors on a range of issues: Social Security retirement and disability benefits, Medicaid, Medicare, consumer and housing law and more. Non-U.S. citizens should bring proof of immigration status. Wednesday, Mar. 30, 12 PM to 2 PM.

LINE DANCING: Kick up your heels with line dancing. No partner needed; line up and listen as the Instructor, Joan Silverman teaches the steps. Class meets every Tuesday at 11 AM.

SQUARE DANCE: Join John Brooks and the Square Dance group for a round or two of dancing. It's a fun way to exercise! The group meets every Monday at 10 AM and is in need of new members.

BINGO: Weekly Bingo games every Monday and Friday, 1 PM to 3 PM. \$3/4 cards

CELEBRATION SINGERS: Come hear the Celebration Singers, a local musical group, for their spring performance. Tuesday, Apr. 5, 11 AM to 12 PM.

SUDOKU MENTAL EXERCISE: This class is intended to help build brain function and cognitive abilities, including memory, while teaching how to solve Sudoku puzzles. Wednesday, Apr. 6, 10 AM to 12 PM.

BOOK DISCUSSION: Enjoy good conversation about the book "His Excellency: George Washington" in a discussion led by Arlington County librarian Carolyn Barton. Tuesday, Apr. 12, 1:45 to 2:30 PM.

SOUNDS OF MUSIC: Listen to classical music and learn with Joe Suchomel. The group meets every Friday. 1 PM to 3 PM.

Arlington Sales Prices are Up!

Sales data for major jurisdictions across Northern Virginia, based on figures reported Feb. 10 by Real Estate Business Intelligence:

Alexandria: Home sales for January totaled 114, the same number that sold a year before. The average sales price of all homes that sold during the month was \$444,599, up 11.8%, while the average sales price in the single-family-home sector was \$749,943. Total sales volume for the month was \$50.24 million, up 11%.

Arlington: Home sales totaled 129, down from 134 a year before. The average sales price of all homes that sold was \$506,005, up 2.4%, while the average sales price of single-family homes was \$682,250, up 5.1%. Total sales volume for the month was \$64.77 million, down 2.2%.

Fairfax County: Home sales totaled 636, down from 732 a year before. The average sales price of all homes that

sold was \$440,938, up 1.8%, while the average sales price for single-family homes was \$614,278, up 2%. Total sales volume for the month was \$279.1 million, down 13.5%.

Falls Church City: Home sales totaled eight, up from six a year before. The average sales price of all homes that sold was \$386,863, down 24.4%, the average sales price of single-family homes was \$660,000, up 26.5%. Total sales monthly volume \$3.09 million, up 6.7%.

Loudoun County: Home sales totaled 251, down from 261 a year before. The average sales price for all homes sold was \$363,394, down 5.2%, while the average sales price of single-family homes was \$466,115, down 9.1%. Total sales volume for the month was \$90.12 million, down 10.7%.

Prince William County: Home sales totaled 332, down from 400. The average sales price for all homes that sold was \$257,904, up 1.3%, while the average sales price of single-family homes was \$317,826, up 4.6%. Total sales volume for the month was \$84.59 million, down 20.3%.



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