

# The Arlington Forester

Vol. 65, Number 5

Arlington, Virginia

February 2024

## Virtual AFCA Meeting—School Issues

AFCA invites you to join our monthly Zoom meeting on Wednesday, February 21, at 7 p.m. We will discuss issues related to Arlington Public Schools, so if you have related questions or concerns, please join us and raise them!

To join the meeting, you can participate through Zoom by entering the following URL into your browser between 6:50 and 7 p.m. on Wednesday, February 21: <http://tinyurl.com/ue5zpzmm>. (If you have never used

Zoom, you can view a short tutorial at <https://zoom.us/resources> by clicking on Joining & Configuring Audio/Video.) Alternatively, you can dial in to the meeting at 301-715-8592, where you will be prompted to enter meeting number 876 9055 6416 and passcode 010188. You might also be prompted to hit the # sign one or more times. This call-in number will be active starting at 6:50 p.m.

## AFCA January 2023 Meeting

On January 17, AFCA President Esther Bowring hosted a virtual AFCA meeting via Zoom with about 35 residents in attendance. Esther started by introducing Alonso Abugattas, natural resources manager for Arlington County's Department of Parks and Recreation.

Alonso gave an excellent update on the county's Deer Management Project, initiated in 2023. (His slides were circulated the next day on listserv; you can find out more online at Arlington County Deer Management Project.) Project launch followed county surveys of deer numbers and impacts in Arlington's forested parks. Alonso emphasized that white-tailed deer are native to and belong in Arlington's forests but that, for lack of extirpated predators like wolves and mountain lions, deer populations now vastly exceed the area that can support them. The maximum level of a healthy deer population is about 15-20 deer per square mile, whereas Arlington's deer population is estimated at up to 124 deer per square mile in some places. County resource managers are considering five basic management options: (1) sharpshooting, (2) controlled archery, (3) surgical fertility control, (4) fencing, and (5) chemical repellants. Fencing and repellants are already in use where feasible. The final plan will almost certainly involve some combination of these options. The county completed an initial set of public engagements last year and will conduct further sessions

...continued on page 2



### Contents

Deer management.....	3	County news .....	8
Coyotes .....	4	Parks update .....	8
Winter trees .....	6	Around the Forest .....	9
Barcroft news .....	7	Kids for hire .....	10

AFCA Virtual Meeting 7 p.m. **February 21**, Zoom

## The Team

**Editor/Advertising:** Hutch Brown  
703-855-1732, newsletter@arlingtonforestva.org  
*Check your ad and contact Hutch for any corrections.*

**Layout & Design:** Leo Horwitz  
newsletter@leohorwitz.com

**Distribution:** Allison Kennett  
allison.kennett@gmail.com

*Contact Allison if you do not receive a newsletter.*

*The Arlington Forester* is the official publication of the Arlington Forest Citizens Association, Arlington, VA. A nonpartisan, nonsectarian publication serving the residents of Arlington Forest, the *Forester* welcomes articles and photos focusing on issues specific to our neighborhood. We publish monthly from September to November and January to May. The deadline for submissions is the first of the month. Email your submission of up to 400 words—preferably with a photo—to newsletter@arlingtonforestva.org. Articles on controversial issues are welcome but do not necessarily reflect the views of AFCA and will be marked as opinion.

## 2023–2024 AFCA Officers

### President:

Esther Bowring  
703-243-0433  
afcaprez@gmail.com

### Vice President, Southside:

Julie Kirchhoff  
ssvpAFCA@gmail.com

### Vice President, Greenbrier:

Tom Smialowicz  
703-528-3889  
tsmialowicz@gmail.com

### Vice President, Northside:

Liz Grossman  
703-841-0578  
grossman.elizabeth@icloud.com

### Recording Secretary:

Char Mahoney  
571-241-9866  
char.mahoney@verizon.net

### Corresponding Secretary:

Janet Irwin  
703-516-4574  
jeirwin1@verizon.net

### Treasurer:

Jeffrey Horwitz  
703-243-2395  
afca@ironstate.me

### Arlington Neighborhoods Program:

Liz Kauffman  
571-327-6497  
lizkauffman@yahoo.com

### Arlington Civic Federation Rep:

Eric Lotke  
ericlotke2044@gmail.com

### Historian:

John Naland  
nalandfamily@yahoo.com

Website: [www.arlingtonforestva.org](http://www.arlingtonforestva.org)  
Join AFCA listserve by emailing address to:  
[arlingtonforestva@gmail.com](mailto:arlingtonforestva@gmail.com)  
The *Forester* is printed by Minuteman Press


## AFCA Meeting ...continued

this year to better familiarize residents with the issue and the options under consideration.

Kay Tiernan noted that the new outfall (drainage) structures for Sparrow Pond are completed; the Four Mile Run Trail will reopen in February. The next portion of the project will require closing part of the W&OD trail by the pond for 6-7 weeks while streambank stabilization and other work is done. After the pond restoration is complete, work on the storm drain at the bottom of S. Park Dr. will commence.


Colleen O'Hara said that the county is working on getting an easement from Dominion Power in order to replace a spur trail connector bridge destroyed by fallen trees in Southside. Other topics briefly discussed included recent storm damage to the Lubber Run pavilion and traffic management at the intersection of N. George Mason and N. Park Drives.

Esther concluded the meeting with news that Arlington County Board Chair Libby Garvey has proposed a countywide strategic plan covering the time period through 2050. Civic association presidents and other group leaders have been invited to an initial meeting on the plan in February. Some Foresters asked whether residents might be able to stream the meeting. Esther said she would contact Libby Garvey to try to make this possible.



**EnviroHomeDesign**  
Design. Build. Remodeling

ONE OF THE 2013 TOP 100 GREEN LEADERS BY PODER MAGAZINE



*Over 20 years of experience  
delivering beautiful, healthy and  
energy efficient homes*

4822 3rd Street North | Arlington Forest  
(703) 812-9370 | [www.envirohomedesign.com](http://www.envirohomedesign.com)

# Public Feedback on Deer Management

By Hutch Brown

A 2021 census of white-tailed deer in Arlington County (full results are online at Arlington County Deer Survey and Next Steps) recorded 290 deer, mostly concentrated in Arlington's forested parklands. Glencarlynn Park, for example, had 39 deer per square mile, far exceeding the 15-20 considered sustainable by wildlife experts. A followup "browse report" in 2023 found that deer damage to native plants threatens Arlington's forest ecosystems. In response, the county launched a Deer Management Project to reduce deer numbers to sustainable levels.

A first step was to survey Arlingtonians in June/July 2023 for a baseline of public sentiment on deer control. A total of 2,625 residents participated in the countywide "engagement," which included an online feedback form (2,524 participants); a community forum (75 attendees); and a deep-dive conversation (26 attendees). Two-thirds of all participants lived in neighborhoods with single-family detached homes; interestingly, Arlington Forest had more participants (107) than any other neighborhood. Here are some of the results.

On a scale of 0-5, 61% of the respondents reported high levels (3-5) of concern about deer impacts in Arlington; 36% reported low levels (0-2). Most respondents (55%) were supportive of actively managing deer impacts in Arlington's parks, with a large minority



(35%) unsupportive. The county is considering in particular two methods of deer control—sharpshooting and sterilization. Respondents supportive of sterilization (63%) far exceeded those unsupportive (24%); for sharpshooting, opinion was more evenly divided, with more unsupportive responses (51%) than supportive ones (43%). Responses were heavily skewed against two additional deer control measures, archery and fencing. Participants called for broader public dissemination of information on the issue (online at Arlington County Deer Management Project).

Arlington staff is currently visiting neighborhoods to explain the Deer Management Project; Arlington Natural Resources Manager Alonso Abugattas presented a slide show on the subject at the January AFCA meeting (see page 1). Engagement #2 in late winter/early spring will discuss draft recommendations for a deer management strategy. Engagement #3 (no date given) will discuss final recommendations to the Arlington County Board, with a board vote to follow.



## DA Studio Salon

Your local family hair salon  
dedicated to making the whole family  
feel and look great. Let us give you a trim,  
touch up or add some color to your hair. We  
take **Customer Service** and **Value** very  
seriously.

Make an appointment quick & easy - Just go to  
**DAStudioSalon.com**  
and click **Book an Appointment**

***Life isn't perfect but your hair can be.***

**Arlington Forest Shopping Center**  
703.525.6828  
**DAstudiosalon.com**  
**DAstudiosalon@gmail.com**

Repair  
Posts

Remount  
Rails



**www.BenRayWelding.com**  
**Rails Installed New**

# The Eastern Coyote

By Alonso Abugattas, Arlington Natural Resources Manager

The piece is adapted from an online article at <http://tinyurl.com/b3vy8tmd>, where you can see the author's video of a coyote in Arlington.

Our eastern coyote is a recent arrival with an interesting story. The coyote (*Canis latrans*) was first noticed east of the Mississippi River in about 1930 near the Great Lakes as coyotes native to the West took over areas vacated by the gray wolf (*Canis lupus*). They interbred with the Algonquin wolf (*Canis lupus lycaon*) in the Great Lakes region and continued traveling eastward, interbreeding with dogs as well. The result was a mix of about 60% western coyote, 30% Algonquin wolf, and 10% dog, although the proportions can vary. Coyotes are now found in every county in the mid-Atlantic region.

The eastern coyote is bigger than its western counterpart, about the size of a border collie or even a German shepherd—often 45–55 pounds, occasionally even bigger. The males are usually larger than the females. Coyotes in our area are not only larger than their western cousins but also quieter, not howling as much; they are often in much smaller groups. Their color can vary but is often a shade of tan, usually with a white chin; they have erect ears and bushy downward-pointing tails with dark tips. Coyotes are opportunistic feeders, with diets that include fruits and vegetables as well as meat. They are great scavengers, often eating deer roadkill. They rarely

take down adult deer unless the deer is injured or ill, but they see any small pets as food, particularly outdoor cats—one more reason not to let cats outdoors.

Coyotes are remarkably shy. Most are rarely seen, usually running away at the first sign of people, and none are any danger unless they are very sick. (If you think any animal is sick, you should call Animal Control.) If you encounter a coyote that is clearly healthy, you can get the animal to run away by yelling, clapping your hands, throwing things, or shaking a can full of pennies. You should never feed coyotes or leave food out for animals such as cats; that can lead a coyote to get used to people, which can be bad for all concerned.

People have been living near coyotes for a long time, though most have no idea that coyotes are even around,

especially because they are active mostly at night. So if you do see a coyote, consider yourself very lucky!



**LONG & FOSTER®**  
— REAL ESTATE —

CALL FOR A **FREE** NO OBLIGATION MARKET ANALYSIS

**SELLING VIRGINIA  
ONE HOME AT A TIME**

**202.256.7039**

**SAMUEL DAVIS**

2300 CALVERT STREET • WASHINGTON, DC 20008

O: 202.483.6300 | E: SAMUEL@LNF.COM

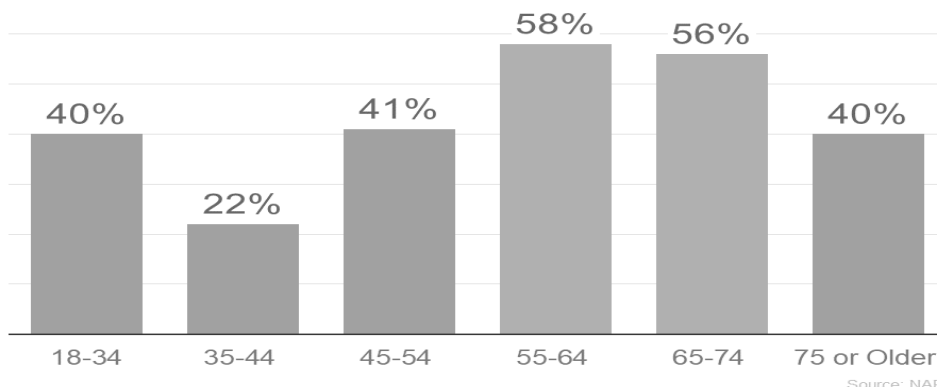
W: SAMSELLSDCVAMD.COM



Grandparents Are Moving To Be Near Loved Ones - Recent data from The National Association of Realtors (NAR) shows people between the ages of 55 and 74 are moving farther (more than 100 miles) than any other age group (*see graph below*): Never underestimate the power of grandchildren – especially when it comes to lifestyle and financial decisions.

## Grandparents Are Moving Farther Away

Percent of Sellers Who Moved at Least 100 Miles by Years of Age



If you have grandchildren of your own, maybe you can relate. When you decide it's time to be closer to your loved ones, let's connect! Put my 39 years of local market expertise to work for you and those you care about! **Casey O'Neal, Compass Real Estate, 703-217-9090**



**Casey O'Neal**  
Associate Broker  
703-217-9090  
casey@caseyoneal.com  
[www.caseyoneal.com](http://www.caseyoneal.com)  
Compass Real Estate

**FREE Notary Service**  
for Arlington Forest Residents!

With me as your advisor and project manager, I can help you sell your home faster and at a higher price. **Compass fronts the cost of the services** to enhance your home's value. Visit our web site for details.



**Paul Cachion, MBA**

**571-216-6802**

**CachionHomes@gmail.com**

## The Numbers Can Be Intimidating...

Current 30-year fixed mortgage rate: 7.875%

Avg. Days on Market (Arlington): 26

Active Inventory (Arlington): -24% from a year ago

Average sales price (past 6 months in Arlington Forest): \$1,015,528

...but there is only one number you need to know to be an expert on the market:

**571-216-6802**

Give a call anytime, and I'll make it all easy to understand.

Your Arlington Forest Realtor...Cachion Homes.



Member Long & Foster Executive Club

# The Magic of Winter Trees

By Cindy Speas, Fairfax County Tree Commission

*The article is adapted from Plant NOVA Natives.*

Winter is a lovely time to get to know your trees better. Many folks spend winter days planning their spring gardens, winter sowing, or putting in nursery orders for spring delivery of native plants. If you have trees nearby, winter might also be the time to learn how to appreciate and protect their incredible beauty. When our trees are bare of leaves, you can more clearly visualize their beautiful shapes, see their special characteristics, and assess their health. Several local organizations offer winter educational hikes or webinars to learn about our forests, including Nature Forward, the Virginia Native Plant Society's Potowmack Chapter, Capital Nature, the Audubon Society of Northern Virginia, and more.

With the leaves off in winter, you can see more in the woods. It's often easier to watch hawks, owls, or other raptors at work. Smaller birds can be spotted searching for insects and berries, and mammals often make an appearance as they look for food. Native evergreens or the lovely marcescent (persistent) leaves on oaks and beeches provide some color among the gray tree trunks.



One of the loveliest things you can see in a winter forest is by looking up to the sky and seeing how the tree canopy develops: trees growing side-by-side sometimes leave a path around each canopy's branches to let sunlight reach the forest floor, a phenomenon called canopy shyness. These patterns of sky and crown branching can sometimes be seen in groupings of the same tree species.

If you like vigorous outdoor work in winter, now is the time to pull, dig, or hack and squirt the invasives in your yard or to volunteer for similar ongoing activities in your community. With the exception of a few native evergreens, almost all swaths of green in your neighborhood are inva-

sive nonnative plants—from wintergreen to vinca and English ivy, from privet to nonnative holly and bamboo. Invasive plants displace the tree seedlings that are essential for our future forests, and some of them directly kill large trees. You can find organizations with volunteer opportunities on the Plant NOVA Trees website.

So if you want to learn about trees, more closely observe nature, find quiet time for spiritual reflection, or get rid of tree enemies, winter is a magical time to spend outside in the stillness and beauty of the forest.

## Still the #1 Remodeling Contractor in Arlington

Pulling more permits in Arlington than any other contractor



***Specializing in Arlington Homes***

GET A FREE QUOTE TODAY

703-536-0900 | [CookBros.org](http://CookBros.org)



# Barcroft School News

By Samantha Bell

The students got a few days off of school in January to enjoy the snow. There was a Winter Concert on January 23, with 4th- and 5th-grade students from the band, orchestra, and chorus performing for students during the day and for their families that evening. On January 26, the PTA treated the teachers and staff to snacks and a hot bar of coffee, tea, and hot chocolate. (See the photos for the concert and hot bar.)



Upcoming events include the PTA Online Auction on February 3-11; Bingo Night on February 22; a Restaurant Night Fundraiser on February 28 at Sloppy Mama's BBQ (5731 Langston Blvd., 11 a.m. to 8 p.m.); and Fiesta de Amistad (Friendship Party) on April 12.

You can support the Barcroft PTA by linking your Harris Teeter card at [www.harristeeter.com/together-in-education](http://www.harristeeter.com/together-in-education); the Harris Teeter Barcroft code is 4238. You need to relink every year.

Follow us on Twitter and Instagram at @BarcroftEagles and on Facebook at Barcroft Elementary School PTA. You can contact [barcroftptapresident2024@gmail.com](mailto:barcroftptapresident2024@gmail.com) if you would like to support the PTA and have any questions.



*Your home, your investment.  
Rely on a professional to help you.*

**OMAR S SHERZAI**

**703-474-1145**

**Omar@LNF.com**

**LongandFoster.com/OmarSherzai**

*Are you thinking about selling  
a home and want to know what  
you should do to get it ready?*

*Let me help you find the  
changes that will have the most  
appeal to buyers. A 30-minute  
consultation can help you make  
smart decisions. Let's add  
VALUE to your home.*



4600 Cherry Hill Road, Arlington, VA 22207  
1680 Wisconsin Ave NW, Washington, DC 20007



## County News

### Speed Cameras Are Coming

According to Arlington County Vision Zero Manager Christine Baker, the county has contracted with a vendor to install speed cameras at critical locations on major thoroughfares near our neighborhood, such as N. George Mason Drive. County staff is working with police on “a methodology that prioritizes school zone locations for camera placement based on speeds, crashes, equity, and activity.”

### Snow/Ice Issue?

Arlington County has a “Report a Problem” website with a link to a “winter storm form.” You can use the link to report a local problem with snow or ice on a street or sidewalk, such as an unplowed street. Check it out online at Arlington County Request a Service.

### Free Bus Rides for Students

As of January, students from kindergarten through 12th grade can use an iRide SmarTrip card to ride Metrobus for free in Arlington. Sponsored by Arlington County and the Washington Metropolitan Area Transportation Authority, the program gives students safe, environmentally friendly options for getting to school and elsewhere. Arlington students can get a free iRide SmarTrip card at any Commuter Store in Arlington or through Arlington Public Schools.

### Arlington 2050 Kickoff

The Arlington County Board, led by incoming Chair Libby Garvey, has announced a broad public engagement to envision what the county should look like in 2050. It will be the first such initiative since 1986, when residents came together to envision what Arlington could become in the new millennium. On February 5, the Arlington County Board hosted a kickoff event for its Arlington 2050 Initiative, featuring a panel discussion moderated by Garvey on what Arlington will look like in 2050 if current trends in business, climate, and demographics continue. AFCA President Esther Bowring was invited to attend.

### Reporting Incidents

Foresters have used listserv to notify neighbors of incidents in our local parks, most recently at the Glencarlynn Playground below Southside, where a teen was blocked by three men from climbing down from a play structure. Arlington County has an online system for reporting nonemergency incidents to police. Incidents to consider reporting range from hit-and-run accidents and credit card fraud to vandalism and suspicious circumstances of any kind. Check it out at Arlington County Online Police Reporting System.

## Parks Update

### January Storm Damage

A branch from a fallen tree punctured the roof of the Lubber Run pavilion below Northside. A large oak growing beside the paved Lubber Run Trail fell across the creek, possibly due to slope saturation by heavy January rains; the tree was tall enough to strike the pavilion. AFCA reported the damage to the county, which has cut away the branches in preparation for repairing the relatively minor roof damage. A second large oak, this one well downstream, also fell across Lubber Run, joining a previously downed tree already bridging the creek there.

### Bridge Replacement Over Lubber Run

An epic storm in July 2019 destroyed two bridges over Lubber Run, one of which is slated for replacement. The bridge will reconnect the unpaved trail below Greenbrier with the paved trail below Northside. County plans for bridge replacement are in place, and construction is scheduled to begin in the first quarter of this year and last to the fourth quarter. You can find out more online at Lubber Run Park Bridge Replacement Project.

### W&OD Trail Closure

The Four Mile Run Trail below Southside reopened at the end of January. To build a new outfall (drainage pipes) from Sparrow Pond to Four Mile Run, workers have been excavating the area, placing the concrete outfall structures, and stabilizing the slopes. Starting as early as mid-February, the W&OD Trail will be closed for 6-7 weeks to complete the outfall work. Detour signs will direct cyclists and pedestrians to the Four Mile Run Trail. For more information online, see Sparrow Pond Restoration Project.

### Wildlife Encounters

We occasionally encounter foxes, raccoons, coyotes, and other animals in our yards and parks, sometimes (though rarely) during the day. If you think an animal is sick or injured, you should contact Animal Control at the Animal Welfare League of Arlington. The League has an emergency number and an online form to fill out for nonemergencies. You can find both online at Arlington County Animal Control.

### Deer, Oh Deer!

Arlington County’s Deer Management Project, launched last year, is designed to reduce Arlington’s burgeoning deer population from a threat to forest ecosystems to sustainable levels. The county is holding a second public “engagement” on the issue in late winter or early spring, giving Foresters another opportunity to weigh in through an online feedback form and in-person meetings. You can find out more online at Arlington County Deer Management Project.



# Around the Forest

## Request a Service/Report a Problem

For nonurgent issues in our neighborhood, Arlington County has a website for requesting services and reporting problems. You go online and give the location, then describe the issue. Topics include graffiti, litter, parks and trails, street signs and signals, potholes and gutters, trash and recycling, and more. If you see dangerous driving, such as illegal crossings of N. George Mason Dr. from N. Park Dr., you can report it here. Check it out online at Arlington County Request a Service.

## Coralberry



Coralberry is a native shrub that gets about 5 ft tall and forms clumps. We don't see much coralberry in our local parks, but you can find clumps of it on the wooded Northside buffer strip next to Arlington Forest Park. In winter, lines of lovely purplish-pink berries make coralberry stand out. Birds and other wildlife eat the berries, and deer browse the shrubs (therefore also called buckbrush), although our local coralberries show no signs of deer browse so far this year.

## Snow Shoveling

We finally got some measurable snow again this year! Arlington County's snow removal ordinance requires property owners to clear snow and ice from public sidewalks adjacent to their properties within 24 hours (36 hours for a snowfall of more than 6 inches). Homeowners who are physically incapacitated are exempt. Find out more online at Snow Removal Ordinance Arlington County VA. For snow shoveling help, see Kids for Hire on page 10.



## Winter Salt

Arlington County is helping to reduce salt use on winter roads by replacing rock salt with brine, which uses a quarter as much salt. Excess salt is bad for soils, streams, plants, and wildlife. You can use less salt on your walkways by shoveling early (before snowmelt turns to ice) and evenly distributing modest amounts of salt. A 12-ounce mug of salt should be enough for a 20-foot driveway or about 10 sidewalk squares.



Tracy C. Taylor, Author

**W-L High School Graduate**

**George Mason University Graduate**

**DeVry University Graduate**

**United States Army Veteran**

**Writer of Adventure Books, Children's Books,**

**Christian Books, Dental Fiction,**

**Poetry, and Young Adult Fiction.**

**Longtime resident of Arlington**

**Summer's Coming, Get your Books today.**



Prince of Pages, Inc.

[www.princeofpages.com](http://www.princeofpages.com)

Adventure: The Journey

Children's: Small Fry Tales

Christian: 60 Christian Traits

Dental: Toothache at Big Mouth Bend

Poetry: Wondering Ardor

Christian: Parody of Parables

Dental: Cavities of the Caribbean

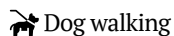
Dental: Something Wicked in the Land of

Ahhhs

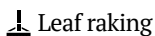
Financial: Good Habits to Have (Financial Help Book)

# Kids for Hire

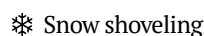
These Arlington Forest youths are ready to help. To be added or deleted, email [newsletter@arlingtonforestva.org](mailto:newsletter@arlingtonforestva.org).



Pet sitting



Plant watering



Mother's helper



Mail collection

★  
Special  
Certification

Southside

Greenbrier

Northside

Name	Email	Phone									Other
Sophia Cordon	kitkat67@msn.com	301-509-7915	✓	✓		✓		✓	✓	✓	
Dylan Heinrich		831-620-9742	✓	✓			✓	✓		✓	Odd jobs
Ethan Heinrich		831-238-8475		✓		✓*	✓	✓	✓	✓	
Amy Mashkuri		571-643-5883	✓	✓							
Sabrina Saunders	sabrina_saunders@icloud.com	202-531-2247	✓	✓		✓*			✓	✓	Tutoring
Julia Green	joangreen32@gmail.com	703-785-4293	✓	✓				✓		✓	
Gavin Kraft	kenneth.d.kraft@gmail.com	314-775-7008	✓	✓	✓		✓	✓	✓	✓	
Nora Kraft	kenneth.d.kraft@gmail.com	314-775-7008							✓		
Abigail Lund	aclund25@icloud.com	703-712-0833	✓	✓		✓		✓	✓	✓	
Madeline Lund	madelinelund11@gmail.com	571-447-6968	✓	✓		✓			✓		
Avery McGrann	snooz_ette@yahoo.com	571-225-2484	✓	✓		✓*			✓	✓	
Anna McLaughlin	annamc1012@yahoo.com	571-550-1680	✓	✓		✓*		✓		✓	
Ciara McLaughlin	ciarahmclaughlin@gmail.com	703-712-9215				✓*			✓	✓	
Jacob Nadherny	jacob@nadherny.com		✓	✓						✓	
Matthew Petrucci	tony.petrucci@gmail.com	703-629-0425			✓		✓				
Nicky Petrucci	tony.petrucci@gmail.com	703-629-0425			✓		✓				
Caulder Pickard	katiepickard@gmail.com	571-244-6870	✓	✓	✓		✓	✓	✓	✓	
Elle Pickard	katiepickard@gmail.com	571-244-6870	✓	✓		✓*		✓	✓	✓	
James Smialowicz	james.smialowicz@gmail.com	703-244-6564	✓	✓	✓		✓	✓		✓	
Ben Tahu	Ben.apple.sub@gmail.com	571-289-6272		✓						✓	
Koh Tamaki	michaelnakamoto@gmail.com	703-568-8566			✓		✓				Mowing
Natalie Bryant	sarakatherine75@hotmail.com		✓	✓	✓				✓	✓	
Niittisha Choudhary	Niittisha@gmail.com	703-981-1229	✓			✓		✓			Tutoring
Rafaella Lenco	rafaellalenco@gmail.com	571-279-9875	✓	✓				✓		✓	
Annie Madden	Lacrosse.donuts@gmail.com	703-220-3357		✓		✓*					
Mariah Nissenson	manissenson@gmail.com	703-517-1037	✓	✓		✓*		✓	✓	✓	
Evie Price		703-402-5138	✓	✓		✓*		✓	✓	✓	
Adam Sherzai	adam.sherzai@icloud.com	202-615-9411	✓	✓	✓	✓	✓	✓	✓	✓	
Sofia Sherzai	sofiacsherzai@gmail.com	703-740-6621				✓			✓		
Name	Email	Phone									Other

## Community Calendar

**Next AFCA meeting:** Wednesday, February 21, 7 p.m.

**Neighborhood Spring Cleanup:** A Saturday in April 2024

**Annual AFCA Picnic:** Wednesday, May 15, 2024

**Annual Yard Sale:** A Saturday in May, 2024

**Turnaround Day:** A Saturday in June, 2024 (tentative)

## AFCA Meetings

**February 21, 2024:** School issues

**March 20, 2024:** Native trees and gardens

**April 17, 2024:** Pedestrian/traffic safety

**May 15, 2024:** Neighborhood traffic

## R & M CLEANING SERVICES

Reliable - Experienced - Good References  
Flexible Scheduling - Reasonable Rates  
We Bring Our Own Equipment

**Call MARYEN or RAUL**

**703-321-5335**

Free-in-home

Estimate --

Weekly/Bi-weekly/

Monthly or Occasionally --

Move-in or Move-out Office



## Help Neighborhood Schools

Link your **Harris Teeter VIC cards** to help your neighborhood and local schools that many of our children attend!  
Choose up to five different schools to link to, then hand this page to the customer service desk during your next visit to Harris Teeter.

Barrett: 3906	Barcroft: 4238	ATS: 4378	Key: 5109	H-B Woodlawn: 4490	Thomas Jefferson: 3905
Kenmore: 3954	Washington-Liberty: 3917	Wakefield: 4566	St. Thomas More: 2069	Our Savior Lutheran: 5529	

# DAVEN! NOSH! DO A MITZVAH!

at Congregation Etz Hayim in Arlington, Virginia

### Our Weekly & Holiday Services Are Open to All

#### Shabbat Services

Fridays, 6:15 pm

Saturdays, 10:00 am

#### Weekly Minyanim

Thursdays, 7:00 am

Sundays, 9:30 am  
(on religious school days only)



עץ חיים  
**Etz Hayim**  
Congregation

We offer a vibrant Religious School, a Preschool with part- and full-day options, social action activities, Israeli Folk Dancing, adult education classes, a Jewish-interest library, and much more!

Congregation Etz Hayim is a warm, inclusive, Conservative congregation that reveres and embraces the rich heritage of our Jewish traditions and teachings. As a modern, egalitarian community, we encourage diversity and freedom of expression, recognizing that each of us chooses our own path in Judaism.

*Welcome home to Congregation  
Etz Hayim—you belong here.*

[www.etzhayim.net](http://www.etzhayim.net)

703.979.4466

2920 Arlington Boulevard, Arlington, VA 22204



**CRYSTAL THAI**  
Distinctive & Aroma Thai Cuisine

4819 1st Street North  
Arlington, VA 22203  
(Arlington Forest Shopping Center)

**Tel: 703-522-1311**

[www.crystalThai.com](http://www.crystalThai.com)

***Dine-in Pick-Up Delivery***

**Fine Food  
Fine Service  
Fine Neighbors**

## Buy One Get One \$7 Off!

Get \$7 off one Lunch or Dinner  
Entree when purchasing a  
Second Lunch or Dinner Entree  
Of Equal or Greater Value

**Good Daily for  
Arlington Foresters  
With This Coupon  
For Dine-in Only**

One Coupon per Party  
Not Valid with Luncheon Specials,  
Soft Shell Crab and Crispy Flounder  
Menu, any Special of  
Maximum Discount \$7

**Coupon expires March 15, 2024**  
We honor all Major Credit Cards

## Brick's Pizza

16 Years of Great Pizza

**703-243-6600**

Cheese 12" - \$14, \$0.99/topping

Cheese 14" - \$17, \$1.49/topping

Cheese 16" - \$19, \$1.99/topping

**On Tuesdays:  
Buy one pizza,  
get one free**

Arlington Forest Shopping Center  
**Hours: 10 am - 11pm Sun - Thurs  
10 am - 12 am Fri - Sat**

## New Forest Valet

Quality Cleaning Since 1967

Drycleaning - Laundry - Shoe Repair

Alterations - Draperies - Quilts

Specializing in Delicate  
and Fancy Items

Arlington Forest Shopping Center

**703-525-4354**

7 to 7 Mon-Fri, 9-3 Sat

**"Fussy Cleaning for  
Nice People"**

## BROOKE RENTAL center®

**We Rent the Things You Need!**

**Arlington, VA • 703.243.2122**

## Javikan

(Yes We Can!)

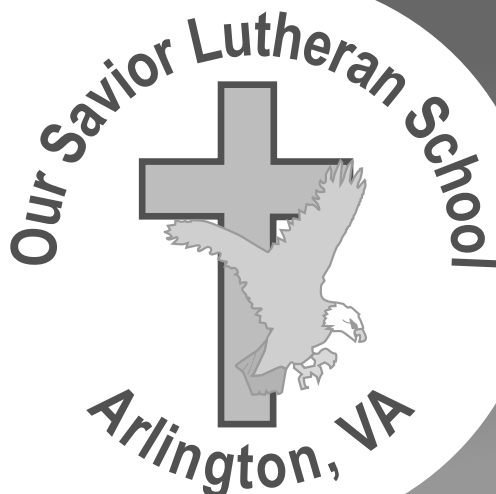
**Yard Care \* Powerwashing  
Glass Recycling \* Odd jobs**



*Staffed with  
Young Adults  
with Disabilities*

**703-585-4946**

**[Javikan123@gmail.com](mailto:Javikan123@gmail.com)**



Pre-K (Age 4 by Sept.30)  
through 8<sup>th</sup> grade

## Affordable Tuition

Before and After School Program

Small Class Sizes

Many Extracurricular Activities

**825 SOUTH TAYLOR STREET**

**ARLINGTON, VA 22204**

**703-892-4846**

**[WWW.OSVA.ORG](http://WWW.OSVA.ORG)**