



The Arlington Forester

Vol. 65, Number 8

Arlington, Virginia

May 2024

AFCA Potluck Picnic

The final AFCA meeting of the 2023-24 year is a neighborhood tradition—a little business mixed with a lot of food, fun, and friends. The meeting will be a potluck picnic starting at 6 p.m. on Wednesday, May 15, in the Lubber Run Park picnic shelter located upstream from the amphitheater. AFCA volunteers will cook hamburgers and hotdogs and provide buns, condiments, soda, plates, cups, utensils, and napkins. Residents should bring a side dish to share (salad, veggies, fruit, chips, snack, or dessert) and nonalcoholic drinks other than water and soda. Children and friendly dogs are welcome. Thanks go to Rob Janson for organizing the picnic again this year! But Rob can't do it alone; he needs volunteers to help him carry in supplies and set things up. If you can lend a hand, please contact Rob at rjanson1@verizon.net.

There will be a brief business meeting to hold the annual election of AFCA officers. Elected offices include President; Vice Presidents for Greenbrier, Northside,

and Southside; Recording Secretary; Corresponding Secretary; and Treasurer. Although most current officers have indicated their willingness to serve again, we need nominees for President and Southside Vice President in particular. We encourage anyone willing to run for any office to contact Nominating Committee Chair Art Schwartz at arthur.edward.schwartz@gmail.com.

The picnic will proceed even in light rain, but it will be canceled if it pours. In that case, please attend the AFCA meeting virtually at 7 p.m. to elect officers; AFCA's bylaws require us to hold the election in May. To join the meeting through Zoom, enter the following URL into your browser between 6:45 and 7 p.m. on Wednesday, May 15: <https://tinyurl.com/da9kaszd>. Alternatively, you can dial in to the meeting at 301-715-8592, where you will be prompted to enter meeting number 845 6050 0182 and passcode 201149. You might also be prompted to hit the # sign one or more times. This call-in number will be active starting at 6:45 p.m.

AFCA April 2024 Meeting

On April 17, AFCA President Esther Bowring presided over a remote AFCA meeting with about 24 households participating. She started by reminding everyone of AFCA's annual picnic coming up on May 15 at the pavilion in Lubber Run Park. The picnic will be preceded by the election of new officers, including a new AFCA President and a new Vice President for Southside because both Esther and Julie Kirchhoff are retiring. Esther urged folks to submit names of nominees to Nominating Committee Chair Art Schwartz at arthur.edward.schwartz@gmail.com.

Esther introduced three people who made short informative presentations about home energy improvement options for Foresters. Courtney Chinn is a residential energy specialist with Arlington County's Department of Environmental Services; Scott Donelson is the owner

of Home Energy Medics, a local company that has done a lot of work in Arlington Forest; and Forester Barbara Engelhart described the home energy improvements she had made and the impact on her Northside home.

...continued on page 2

Contents

Yard sale.....	3	Stormwater issues	8
AF history.....	4	Tree trim scam	9
Amphitheater.....	5	Light pollution.....	10
Southside cleanup	6	Barcroft news	11
Grandma's Creek	7	Kids for Hire.....	14

AFCA Picnic 6 p.m. May 15

The Team

Editor/Advertising: Hutch Brown
703-855-1732, newsletter@arlingtonforestva.org
Check your ad and contact Hutch for any corrections.

Layout & Design: Leo Horwitz
newsletter@leohorwitz.com

Distribution: Allison Kennett
allison.kennett@gmail.com

Contact Allison if you do not receive a newsletter.

The Arlington Forester is the official publication of the Arlington Forest Citizens Association, Arlington, VA. A nonpartisan, nonsectarian publication serving the residents of Arlington Forest, the *Forester* welcomes articles and photos focusing on issues specific to our neighborhood. We publish monthly from September to November and January to May. The deadline for submissions is the first of the month. Email your submission of up to 400 words—preferably with a photo—to newsletter@arlingtonforestva.org. Articles on controversial issues are welcome but do not necessarily reflect the views of AFCA and will be marked as opinion.

2023–2024 AFCA Officers

President:

Esther Bowring
703-243-0433
afcaprez@gmail.com

Vice President, Southside:

Julie Kirchhoff
ssvpAFCA@gmail.com

Vice President, Greenbrier:

Tom Smialowicz
703-528-3889
tsmialowicz@gmail.com

Vice President, Northside:

Liz Grossman
703-841-0578
grossman.elizabeth@icloud.com

Recording Secretary:

Char Mahoney
571-241-9866
char.mahoney@verizon.net

Corresponding Secretary:

Janet Irwin
703-516-4574
jeirwin1@verizon.net

Treasurer:

Jeffrey Horwitz
703-243-2395
afca@ironstate.me

Arlington Neighborhoods Program:

Liz Kauffman
571-327-6497
lizkauffman@yahoo.com

Arlington Civic Federation Rep:

Eric Lotke
ericlotke2044@gmail.com

Historian:

John Naland
nalandfamily@yahoo.com

Website: www.arlingtonforestva.org
Join AFCA listserv by emailing address to:
arlingtonforestva@gmail.com
The *Forester* is printed by Minuteman Press

AFCA Meeting ...continued from page 1

Courtney emphasized the importance of getting a home energy audit by a reputable group or company before launching a home energy improvement project. An audit can maximize financial and energy savings. She walked us through various financial incentives available to at least partially offset the costs of home energy investments, including the Inflation Reduction Act's 25(c) credit worth up to \$3,200 annually. She also highlighted the Residential Clean Energy Property credit, which covers 30% of solar panel or solar-powered appliance costs. Two solar coops opened a new window for applications on April 1: Solarize.va.org will accept applications through June 30 and the Capital Area Solar Switch coop through July 24.

Scott said that the top source of energy inefficiency in most homes is air leakage, followed by old or inadequate insulation, HVAC duct leakage, and (to some extent) gas furnace systems compared to modern heat pump technology. He emphasized starting with a thorough energy audit before making any changes; an audit by Home Energy Metrics would cost \$500-600; including a detailed inspection, it would take 4-6 hours. A \$150 tax credit is available for audits.

Barbara gave an excellent, detailed walkthrough of her home energy improvements, with pictures of energy efficiency upgrades done earlier this year. She urged people planning additions, expansions, or major remodels to consider home energy efficiency in the design phase.

In other news around the Forest, Liz Grossman noted that, by the time this newsletter is out, work on the new footbridge in Lubber Run Park should be completed and the bridge open for use. The county is also going to clear pipes and improve waterflow under the concrete ford by the Lubber Run Amphitheater.

Esther noted that discussion of lowering the speed limit on N. Carlin Springs Rd. and N. George Mason Dr. between Rte. 50 and Wilson Blvd. is slated for Saturday, April 20.

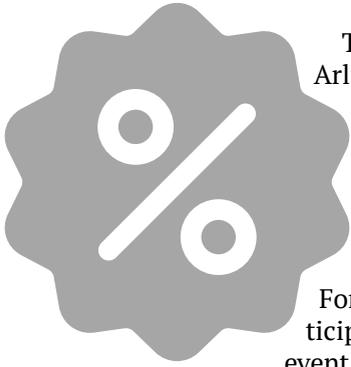
Tom Smialowicz announced that April 20 is also the day for semiannual spring cleanup activities along Rte. 50 in Southside and near the concrete ford over Four Mile Run below Greenbrier.



Join the AFCA Picnic!

6pm May 15 at the
Lubber Run Park picnic shelter

Community Yard Sale on May 18



The annual yard sale, an Arlington Forest tradition, takes place this year on Saturday morning, May 18 (rain date May 19)—for a map, see the insert in this newsletter. Over 40 Arlington Forest households have participated in the past, and the event attracts many bargain

hunters who cruise through the area visiting multiple sales. Allison Kennett and Char Mahoney have again organized the event, and a map of sale sites has also gone out on listserv. Residents can use the map to locate nearby sales. Sellers are encouraged to make photocopies so shoppers can pick up a map leading them to other sites. To get a map, contact Allison at allison.kennett@gmail.com.

Some tips for success: (1) Prepare in advance. Sort clothes by size. Group similar items together. Use shopper-friendly ways to display merchandise (like tables and clothes racks). Have grocery bags on hand. Obtain dollar bills and coins to make change. If selling electronics, set up an extension cord to show that the items

work. (2) Price items reasonably. Savvy shoppers will buy elsewhere if prices are too high. Be prepared to negotiate down from the listed price. (3) To snag buyers who make yard sales their business, start setting up at 7 a.m. By late morning, people come looking for closeout prices and even freebies. If left with furniture or other large items that you simply want to get rid of, leave them at the curb with a “free” sign and they will probably be gone by Sunday afternoon. (4) Keep your cash in a pocket, shoulder purse, or fanny pack. If you use a cash box, don’t leave it unattended while you are with a shopper. Decline personal checks. If you go indoors, have someone watch your merchandise. Sellers near Arlington Blvd., Carlin Springs Rd., George Mason Dr., and Henderson Dr. might consider posting homemade signs along those thoroughfares pointing into the neighborhood to their sale (please remove signs at day’s end).

For many people, yard sale success is not measured by profit but by how much unwanted stuff is moved out. The sale is also a great community event. Families can say hello to neighbors down the block and find their own bargains. Kids can set up a lemonade stand. So, whether you are a seller, a buyer, or both, please join us on May 18.



Paul Cachion, MBA

571-216-6802

CachionHomes@gmail.com

The Numbers Can Be Intimidating...

Current 30-year fixed mortgage rate: 7.78%

Avg. Days on Market (Arlington): 26

Active Inventory (Arlington): -24% from a year ago

Average sales price (past 6 months in Arlington Forest): \$1,015,528

...but there is only one number you need to know to be an expert on the market:

571-216-6802

Give a call anytime, and I’ll make it all easy to understand.

Your Arlington Forest Realtor...Cachion Homes.



Member Long & Foster Executive Club

Arlington Forest History

By John K. Naland



Our neighborhood has a rich history dating back to before the Civil War. That history is summarized in the 2015 book *History of the Arlington Forest Community*, for which I was the editor. All printed copies were sold soon after publication, but a PDF of the 161-page book is posted on the website of the Arlington Forest Citizens Association (www.arlingtonforestva.org) under the Neighborhood tab.

The book's main primary source material was back issues of *The Arlington Forester* newsletter. A nearly complete collection of newsletter issues starting in the 1950s is permanently archived in the Arlington

Central Library's Center for Local History. As the AFCA-appointed neighborhood historian for the past decade, I have followed in the footsteps of my predecessors in making annual trips to the center to donate the most recent year's set of newsletters.

In 2016 and again this past March, I made special trips to the center to donate newsletters dating from the 1950s to 1990s, which I collected from several long-time residents. Those newsletters filled many gaps in the center's collection. During my recent visit, the center said they would welcome duplicate copies of newsletters that they already had, so I donated my remaining large box of old newsletters. The AFCA website archives newsletters dating back to 2010, but anyone interested in reviewing older newsletters can contact the center asking that they be retrieved from offsite storage.

The time is approaching for me to step down as neighborhood historian. Anyone interested in taking over may contact me at nalandfamily@yahoo.com. The one duty of the job is to save newsletters as they are delivered during the publication year and then pass that annual set to the center in June. I also have a small box of old photographs and miscellaneous other neighborhood material that the new neighborhood historian could review to scan interesting items for posting on the AFCA website prior to donation to the center.

Still the #1 Remodeling Contractor in Arlington

Pulling more permits in Arlington than any other contractor



Specializing in Arlington Homes

GET A FREE QUOTE TODAY

703-536-0900 | CookBros.org

Lubber Run Amphitheater Opening in June



The Lubber Run Amphitheater Summer Series will kick off its 2024 season of free concerts at 8 p.m. on Saturday, June 8. The series runs through August 2 on Fridays and Saturdays at 8 p.m. and Sundays (for family shows) at 11 a.m. (except as noted in the schedule shown on a flyer in this newsletter).

Opening night will feature Joslyn & the Sweet Compression, the fast-rising funk-soul sensations described by *Billboard* magazine as “magical ... gives everyone the joy!” The summer schedule continues with Munit Mesfin on Friday, June 14; the nationally known DC Latin-jazz ensemble Rumba Club on Saturday, June 15; and the Arlington Children’s Chorus on Sunday, June 16, at 11 a.m., continuing our tradition of Sunday morning performances for the whole family! The schedule includes something for everyone—thrill to the majestic Arlington Philharmonic on June 23 or to the sound of roots rocker Lauren Calve on June 28; come enjoy one of the top regional jazz ensembles, Veronneau, on July 20. The interactive African-percussion ensemble Soul in Motion on June 30 is the first of three special

Sunday morning family shows curated and copresented with Arlington Public Library. Peter Nissan and his wife Angel, who live in Arlington Forest, will help close out the season with the Tone Rangers, who will perform a capella on August 2.

Since the construction of the first permanent stage in 1969, generations of Arlingtonians have enjoyed free summer cultural events at the sylvan venue nestled in Northside a few blocks off Arlington Blvd., ranging from Encore Stage and Studio to bands like Eddie from Ohio, superstar Ritchie Havens, and Grammy-nominee Raul Midón. The Lubber Run Amphitheater Foundation, a 501(c)3 organization that formed to support the amphitheater and its programming, will again offer free ice cream on opening night. Come down early to get a great seat and your choice of ice cream! Donations to the foundation are welcome at the wishing well, or check out the Lubber Run Amphitheater on Facebook. Bring a picnic and some friends and enjoy the arts at Lubber Run Amphitheater, located at 200 N. Columbus St. The amphitheater is wheelchair accessible.



Need your house
or office cleaned?
Call Marlene (703) 402-8792
for a free estimate

- ✔ Windows
- ✔ Appliances
- ✔ Laundry
- ✔ General Cleaning
- ... And more.

✦ Once, or weekly, or other intervals
We have been working in Arlington
Forest for more than 20 years and
can provide references.

Southside Spring Cleanup

Neighborhood volunteers turned out for the 13th annual Arlington Forest Spring Cleanup on Saturday morning, April 20. Eleven Southside neighbors met at the top of S. Park Dr. to clean up the Arlington Blvd.

buffer strip. The photos show some of the volunteers and their accomplishments, including replanting the area around the Arlington Forest sign, filling multiple trash bags, and even finding a case of beer!



Tracy C. Taylor, Author

W-L High School Graduate
George Mason University Graduate
DeVry University Graduate
United States Army Veteran
Writer of Adventure Books, Children's Books,
Christian Books, Dental Fiction,
Poetry, and Young Adult Fiction.
Longtime resident of Arlington

Summer's Coming, Get your Books today.



Prince of Pages, Inc.
www.princeofpages.com

Adventure: The Journey
Children's: Small Fry Tales
Christian: 60 Christian Traits
Dental: Toothache at Big Mouth Bend
Poetry: Wondering Ardor
Christian: Parody of Parables
Dental: Cavities of the Caribbean
Dental: Something Wicked in the Land of
Ahhhs
Financial: Good Habits to Have (Financial Help
Book)

Stormwater Mitigation to Save Grandma's Creek



The article is adapted from reports by Arlington County and a report by The Washington Post on 27 March 2024.

Arlington County is launching an initiative to protect a local watershed through a federal grant from the National Fish and Wildlife Foundation. Together with the Chesapeake Bay Trust, the foundation awarded \$206 million in federal funds to help communities in our region protect and restore the Chesapeake Bay over the next 4 years.

Arlington received a grant of \$282,400 for Barcroft's Saving Grandma's Creek Project, which focuses on reducing runoff and erosion in a small tributary of Four Mile Run—Grandma's Creek, a brook near Sparrow Pond along the W&OD Trail. With matching in-kind funds, a total of \$433,500 will go toward installing local rain gardens to capture, filter, and absorb stormwater runoff. The project includes educational activities to build community awareness of stormwater issues, along with planting more trees with help from neighbors, Arlington Tree Stewards, and EcoAction Arlington. Partners in the project include Barcroft Elementary School and historically underserved populations in the Barcroft/Columbia Pike area.

Grandma's Creek drains much of Barcroft, including an arm of Glencarlyn Park between S. 6th and 7th Streets below S. Buchanan St. Its name comes from hot summer days in the early 1900s when children from the local Marye family walked with their grandmother up the W&OD railroad tracks for picnics in the cool woods by the stream. The creek is threatened by erosion, so neighbors approached the county for help. "What's cool about this grant," said Lily Whitesell, a county stormwater management specialist, "is that the community came to the county and said, 'Hey, we really love our local stream ... and we want to do more to protect it.' It was really community initiated."

*Your home, your investment.
Rely on a professional to help you.*

OMAR S SHERZAI

703-474-1145

Omar@LNF.com

LongandFoster.com/OmarSherzai

*Are you thinking about selling
a home and want to know what
you should do to get it ready?*

*Let me help you find the
changes that will have the most
appeal to buyers. A 30-minute
consultation can help you make
smart decisions. Let's add
VALUE to your home.*



4600 Cherry Hill Road, Arlington, VA 22207
1680 Wisconsin Ave NW, Washington, DC 20007



Stormwater Management Issues in Lubber Run



The article is based on an April report by the Arlington County Civic Federation (CivFed).

A scheduled April meeting by Arlington County representatives with residents living in the Lubber Run watershed was canceled. Instead, CivFed sponsored a discussion with residents about their concerns regarding flooding in the watershed and the county's stormwater remediation plans. Almost 50 residents attended, including representatives from Waycroft-Woodlawn, Ballston-Virginia Square, Bluemont, and Arlington Forest. The goal was a respectful dialogue leading to a collective understanding of stormwater-related issues as a basis for finding common ground.

Heavy stormwater runoff originates in the underground (piped) headwaters of Lubber Run near Langston Blvd. and near the newly expanded Virginia Hospital Center (VHC). When stormwater flows exceed the capacity of underground pipes and open streambeds (which begin in Woodlawn Park), then Waycroft-Woodlawn and Bluemont can both get flooding. Natural areas from Woodlawn Park to Lubber Run Park can be affected by flooding, erosion, and toppled trees. Some homeowners in Bluemont have been subject to changes in FEMA floodplain designations and flood insurance increases coupled with property value decreases.

Residents raised concerns about the impacts of development and county zoning on stormwater runoff. They called for more education on stormwater-related risks, more cost/benefit analysis of potential solutions, and better coordination of related work across county departments. Some residents stated that developers were responsible for additional stormwater runoff and that the county was not holding them accountable; county zoning was blamed for allowing too much lot coverage by impervious surfaces, thereby causing stormwater runoff issues. Some expressed the view that runoff from VHC and commercial areas in Ballston are causing the problem. Still others raised concerns about the impact of a county-proposed stormwater capture vault on natural areas in Woodlawn Park.

A consensus developed that the discussion was productive and that a smaller working group should be formed to seek a common position on watershed issues and stormwater remediation plans. Residents called for a better understanding of FEMA flood zone criteria and changes; of the impact of impervious surfaces on the watershed; and of proposed solutions, such as a stormwater capture vault under Woodlawn Park, including a cost/benefit analysis.

Repair
Posts



Ray's Welding
(703) 960-1571

Remount
Rails




www.BenRayWelding.com

Rails Installed New



EnviroHomeDesign
Design. Build. Remodeling



*Over 20 years of experience
delivering beautiful, healthy and
energy efficient homes*

4822 3rd Street North | Arlington Forest
(703) 812-9370 | www.envirohomedesign.com

ONE OF THE 2013 TOP 100 GREEN LEADERS BY PODER MAGAZINE

Tree-Trimming Scammers

By Cindy Speas, Fairfax County Tree Commission Chair

The article is adapted from a posting by Plant NOVA Natives.

The doorbell rings, and at your door is a young man who says, “Hello, I was driving by and noticed your trees need pruning. I’ve been working at your neighbor’s house, and I thought I’d stop by and offer you the same deal.” We often hear about telephone or online financial scams, but what about the tree scammers who arrive at your door? These are seasonal workers, usually untrained, uncertified, and unlicensed—so beware!

Last spring, a Fairfax County police officer called this “one of the most pervasive criminal problems this county is facing right now.” It happens in all seasons, when trucks drive by looking for accessibility ramps or seniors working in their yards. They’re also looking for “unkempt” yards, so if you have a yard full of native plants without much lawn—and if you wait for just the right time after winter to clean up your flowerbeds—you could be a target. These folks are not arborists. If you let them, they might remove living wood or, worse, top off



your healthy tree. When the growing ends of tree limbs or branches are lopped off, the tree can lose as much as 75% of its leaves, which provide most of its food. Weakened, the tree becomes vulnerable to insect, sun, and wind damage; it might not survive. It’s one thing to get advice from a certified arborist and then hire a good company to take out a dead limb, but it’s another to fall for “just let us prune your trees and everything will be fine.”

Our trees are critical to our quality of life and to the value of our homes. A good arborist can be as valuable to the life of your tree as a good electrician or plumber is to the life of your home. It’s worth taking the time to find out if these drop-by solicitors are licensed and insured and certified in their area of expertise. Weigh the costs and benefits of any work you need—don’t take the cheapest and easiest course of action. Just say no to the door-to-door solicitor and yes only to the company that you call—the one with good reviews, an arborist on staff, and free initial consultations.



KING'S
TREE & OUTDOOR SERVICE
Honest Experienced and Affordable

NO JOB TOO BIG OR TOO SMALL
Free Estimates • Insured & Bonded

VICTOR REYES
(540) 316-8879
KingsTree2023@gmail.com

*Check out our website: **KingsTreeOutdoor.com***

Opinion: Fighting Light Pollution

The piece is based on a much longer op/ed by Dana Milbank in The Washington Post, 5 May 2023.

Nighttime lighting in our streets and yards can have unintended effects. Our night skies have been getting brighter, especially since the spread of streetlights in the 1950s. Light-polluted skies now cover about 99 percent of U.S. homes. Light pollution is contributing to the loss of some wildlife species, including insect pollinators vital to crops and other plants.

Insects, drawn to light, burn up or become easy targets for predators; moreover, nighttime lights interfere with mating rituals for some insect species, one reason why some firefly species are in decline.

Light pollution also harms birds. Since 1970, almost 3 billion fewer birds have populated our skies in the United States, partly due to light pollution. At night, bright lights lure migrating birds into urban areas, where millions die each year in collisions with floodlit structures. Lights can also repel nocturnal animals like bats and owls, limiting their habitats. Similarly, some snakes, insects, salamanders, and small mammals can no longer rely on full



darkness to find prey. Artificial light can also disrupt circadian and seasonal rhythms for both plants and animals. Urban birds call earlier in the morning, wasting energy and attracting predators; and plants can produce flowers and fruit at the wrong times.

The good news is that the damage can be easily reversed. Communities can regulate street lighting by dimming streetlights, requiring dark-sky-friendly exterior lights in new construction,

and turning off lights that serve no public purpose. Residential lighting alone accounts for 10 to 20% of the problem; during renovations, homeowners can replace floodlights and candelabra-style porch lights and sconces with fixtures that direct light downward, where it is needed. Dimmers and timers can help too. Homeowners can also use motion-detecting smart bulbs and “warm” bulbs (nothing more than 100 watts) that cast a yellowish hue rather than the bluish one that accounts for most skyglow (luminance in the night sky). Of course, you can always turn off unneeded outdoor lights, including ornamental backyard lights.

LONG & FOSTER®
REAL ESTATE

CALL FOR A **FREE** NO OBLIGATION MARKET ANALYSIS

**SELLING VIRGINIA
ONE HOME AT A TIME**

202.256.7039

SAMUEL DAVIS

2300 CALVERT STREET • WASHINGTON, DC 20008

O: 202.483.6300 | E: SAMUEL@LNF.COM

W: SAMSELLSDCVAMD.COM



Barcroft School News

By Samantha Bell

It's hard to believe that we are in the last quarter of the school year. Students and staff had a memorable time viewing the solar eclipse together on April 8 (see the second photo below).

Thanks go to the PTA, BIBA (the bilingual Barcroft parents group), and the many volunteers for making the Friendship Party on April 12 a huge success! It was a wonderful evening of fun, delicious food, dancing, and spending time together (as you can see from the photo).

The PTA also hosted, along with R.E.A.D., the Barcroft Book Fair during the week of April 29. Barcroft Fire Safety Night was held on May 1, with free food, trivia, and prizes. Families were also able to receive a free smoke alarm. The PTA is planning a special week in May to show the teachers and staff our appreciation with bagels, sweet treats, handmade cards, a gift card drawing, and lunch prepared by BIBA. The last day of school for elementary students is June 14.

You can support the Barcroft PTA by linking your Harris Teeter card (www.harristeeter.com/together-in-education). The Harris Teeter Barcroft code is 4238. You need to relink every year. Follow us on Twitter and Instagram at @BarcroftEagles and on Facebook at Barcroft Elementary School PTA. You can contact barcroftptapresident2024@gmail.com if you would like to support the PTA and have any questions. Donations to the PTA are always appreciated at give.barcroftpta.org.



DA Studio Salon

Your local family hair salon dedicated to making the whole family feel and look great. Let us give you a trim, touch up or add some color to your hair. We take **Customer Service** and **Value** very seriously.

Make an appointment quick & easy - Just go to DASstudioSalon.com and click **Book an Appointment**

Life isn't perfect but your hair can be.

Arlington Forest Shopping Center
703.525.6828
DASstudioSalon.com
DASstudioSalon@gmail.com

May Potluck Picnic

The annual AFCA potluck picnic will be on Wednesday, May 15. Rob Janson has volunteered to make the arrangements, including reserving the pavilion in Lubber Run Park; AFCA will pay for cookout supplies, including hot dogs, hamburgers, buns, chips, and so on. Rob is asking for volunteers to help him carry in supplies and set up—if you can help, contact him at rjanson1@verizon.net.

Ravens Are Back

Ravens are nesting again along the W&OD Trail in Glencarlyn Park below Arlington Forest. They built a nest with chicks on a concrete support of the Arlington Blvd. bridge over Four Mile Run; the support is on the far side of Four Mile Run, right below the road. Ravens look like American crows, only larger and with a deep croak rather than a loud caw.

Foresters Performing



Chris Bosch, Judy Lewis, and Ken Schellenberg, shown above and collectively known as “The Neighbors,” will present a program of classic American songs later this summer. The program—which will include songs by the Gershwins, Cole Porter, and others—will be presented at the Lubber Run Community Center on July 2 at 11 a.m. and will be repeated at the Walter Reed Community Center on August 1 at 11 a.m. Both programs are free to members of 55+ through Arlington County Parks and Recreation. You can reserve a free seat when the Summer Catalog appears in a few weeks.

City Nature Challenge

On April 28, neighbors joined Stephanie Martin of Greenbrier and others for an afternoon of identifying plants and animals in Lubber Run Park. The session was part of the City Nature Challenge, a global campaign to identify native plants and wildlife in urban communities around the world. Participants photographed what they found and gave tentative identifications, with verification to follow.

AFCA Elections Coming Up!

At the AFCA picnic/meeting on May 15, AFCA will hold elections for officers in the coming year. Elected offices include President; Vice Presidents for Greenbrier, Northside, and Southside; Recording Secretary; Corresponding Secretary; and Treasurer. Although most current officers have indicated their willingness to serve again, Esther Bowring is stepping down as President and so Julie Kirchhoff as Vice President for Southside, so we need nominees. Please contact Nominating Committee Chair Art Schwartz at arthur.edward.schwartz@gmail.com.

Spring Bird Migration: Why Go Lights Out?

Millions of birds are flying north over our area in May—many at night, employing an incredible sensory system to navigate in darkness. Light pollution attracts and disorients migrating birds, increasing their vulnerability to collisions with structures. An estimated 365-988 million birds die in collisions with buildings each year, including many of high conservation concern. Residential lighting alone accounts for 10-20% of light pollution; people can help by turning off all nonessential lighting.

Sparrow Pond Status

The W&OD Trail was finally reopened in May after completion of Sparrow Pond restoration. However, the spur trail to the W&OD Trail from S. Park Dr. was closed in late April for 6-8 weeks to solve longstanding drainage and erosion problems there. Park users can access the W&OD Trail from the N. Greenbrier St. entrance in the Greenbrier section of Arlington Forest or the 7th St. S. entrance in neighboring Barcroft.

Community Calendar

Annual AFCA Picnic: Wednesday, May 15

Annual Yard Sale: Saturday, May 18

Turnaround Day: A Saturday in July (tentative)

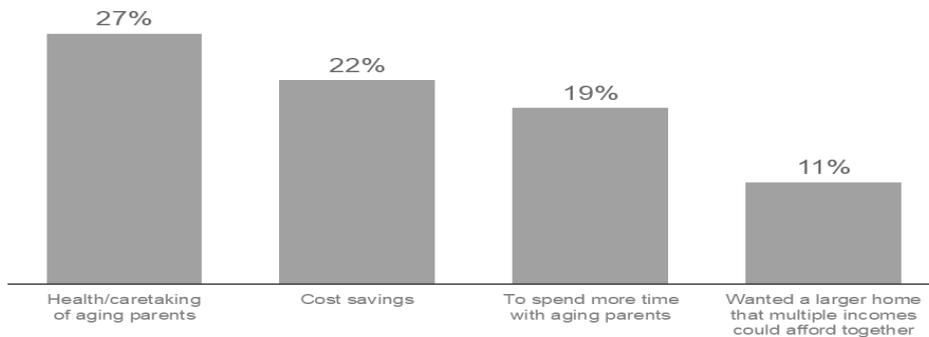
Outdoor Volunteer Opportunities

The 160-volunteer Arlington Regional Master Naturalists program is a great way to learn about local environmental issues and to pitch in and help. An evening training program with weekend field trips leads to volunteer opportunities for stream monitoring, invasive species control, and more. The COVID pandemic depressed volunteer hours in 2020, but opportunities have been rebounding. Find out more at armn.org/.

Ever thought about living in the same house with your grandparents, parents, or other loved ones? You're not alone. A lot of people are choosing to buy multi-generational homes where everyone can live together. Below are just a few key reasons buyers opted for multi-generational homes over the past year. But buying a multi-generational home isn't just about being close or taking care of the people you love—it can save you money, too. 22% of buyers say they picked a multi-generational home to cut down on costs, and 11% needed a bigger house multiple incomes could afford together.

Reasons for Purchasing a Multi-Generational Home

Percent of Respondents



Source: NAR



Casey O'Neal
Associate Broker

703-217-9090

casey@caseyoneal.com

www.caseyoneal.com

Compass Real Estate

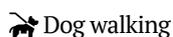
FREE Notary Service
for Arlington Forest
Residents!

With my guidance as a project manager, I can help you prepare your home to sell faster and at a higher price. **Compass fronts the cost of the services** to enhance your home's value. Visit our web site for details.

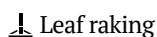
How can I help with your unique situation? Put my 39 years of experience to work for you! **Casey O'Neal, Compass Real Estate, 703-217-9090**

Kids for Hire

These Arlington Forest youths are ready to help. To be added or deleted, email newsletter@arlingtonforestva.org.



Pet sitting



Plant watering



Mother's helper



Mail collection

★
Special Certification

	Name	Email	Phone									Other
Southside	Sophia Cordon	kitkat67@msn.com	301-509-7915	✓	✓		✓		✓	✓	✓	
	Amy Mashkuri		571-643-5883	✓	✓							
	Sabrina Saunders	sabrina_saunders@icloud.com	202-531-2247	✓	✓		✓*			✓	✓	Tutoring
	Julia Green	joangreen32@gmail.com	703-785-4293	✓	✓				✓		✓	
	Alexis Kent	alexisvkent@gmail.com	703-899-5395				✓					
	Gavin Kraft	kenneth.d.kraft@gmail.com	314-775-7008	✓	✓	✓		✓	✓	✓	✓	
Greenbrier	Nora Kraft	kenneth.d.kraft@gmail.com	314-775-7008	✓	✓				✓	✓	✓	
	Abigail Lund	aclund25@icloud.com	703-712-0833	✓	✓		✓		✓	✓	✓	
	Madeline Lund	madelinelund11@gmail.com	571-447-6968	✓	✓		✓			✓		
	Avery McGrann	snooz_ette@yahoo.com	571-225-2484	✓	✓		✓*			✓	✓	
	Anna McLaughlin	annamc1012@yahoo.com	571-550-1680	✓	✓		✓*		✓		✓	
	Ciara McLaughlin	ciarahmclaughlin@gmail.com	703-712-9215				✓*			✓	✓	
	Jacob Nadherny	jacob@nadherny.com		✓	✓						✓	
	Matthew Petruccelli	tony.petruccelli@gmail.com	703-629-0425			✓		✓				
	Nicky Petruccelli	tony.petruccelli@gmail.com	703-629-0425			✓		✓				
	Caulder Pickard	katiepickard@gmail.com	571-244-6870	✓	✓	✓		✓	✓	✓	✓	
	Elle Pickard	katiepickard@gmail.com	571-244-6870	✓	✓		✓*		✓	✓	✓	
	James Smialowicz	james.smialowicz@gmail.com	703-244-6564	✓	✓	✓		✓	✓		✓	
	Ben Tahu	Ben.apple.sub@gmail.com	571-289-6272		✓						✓	
	Koh Tamaki	michaelnakamoto@gmail.com	703-568-8566			✓		✓				Mowing
	Natalie Bryant	sarakatherine75@hotmail.com		✓	✓	✓				✓	✓	
Niittisha Choudhary	Niittisha@gmail.com	703-981-1229	✓			✓		✓			Tutoring	
Rafaella Lenco	rafaellalenco@gmail.com	571-279-9875	✓	✓				✓		✓		
Northside	Annie Madden	Lacrosse.donuts@gmail.com	703-220-3357		✓		✓*					
	Mariah Nissenson	manissenson@gmail.com	703-517-1037	✓	✓		✓*		✓	✓	✓	
	Evie Price		703-402-5138	✓	✓		✓*		✓	✓	✓	
	Adam Sherzai	adam.sherzai@icloud.com	202-615-9411	✓	✓	✓	✓	✓	✓	✓	✓	
	Sofia Sherzai	sofiacsherzai@gmail.com	703-740-6621				✓			✓		
		Name	Email	Phone								



Visit us in the
**Arlington Forest
Shopping Center**

Our coffee is a locally roasted,
direct-trade specialty coffee from
Guatemala

20% off Any Purchase

Including our signature
dirty horchata drink

Also try our breakfast
sandwiches and lunch options!

Not valid with other offers,
coupon expires June 15, 2024

Outdoor seating
available!



R & M CLEANING SERVICES

Reliable - Experienced - Good References
Flexible Scheduling - Reasonable Rates
We Bring Our Own Equipment

Call MARYEN or RAUL

703-321-5335

Free-in-home
Estimate --

Weekly/Bi-weekly/

Monthly or Occasionally --

Move-in or Move-out Office



Help Neighborhood Schools

Link your **Harris Teeter VIC cards** to help your neighborhood and local schools that many of our children attend!
Choose up to five different schools to link to, then hand this page to the customer service desk during your next visit to Harris Teeter.

Barrett: 3906	Barcroft: 4238	ATS: 4378	Key: 5109	H-B Woodlawn: 4490	Thomas Jefferson: 3905
Kenmore: 3954	Washington-Liberty: 3917	Wakefield: 4566	St. Thomas More: 2069	Our Savior Lutheran: 5529	

DAVEN! NOSH! DO A MITZVAH!

at Congregation Etz Hayim in Arlington, Virginia

Our Weekly & Holiday Services Are Open to All

Shabbat Services	Weekly Minyanim
Fridays, 6:15 pm	Thursdays, 7:00 am
Saturdays, 10:00 am	Sundays, 9:30 am (on religious school days only)

We offer a vibrant Religious School, a Preschool with part- and full-day options, social action activities, Israeli Folk Dancing, adult education classes, a Jewish-interest library, and much more!

Congregation Etz Hayim is a warm, inclusive, Conservative congregation that reveres and embraces the rich heritage of our Jewish traditions and teachings. As a modern, egalitarian community, we encourage diversity and freedom of expression, recognizing that each of us chooses our own path in Judaism.



עץ חיים
Etz Hayim
Congregation

*Welcome home to Congregation
Etz Hayim — you belong here.*

New Forest Valet

Quality Cleaning Since 1967

Drycleaning - Laundry - Shoe Repair

Alterations - Draperies - Quilts

Specializing in Delicate
and Fancy Items

Arlington Forest Shopping Center

703-525-4354

7 to 7 Mon-Fri, 9-3 Sat

**"Fussy Cleaning for
Nice People"**

BROOKE

RENTAL

center®

We Rent the Things You Need!

Arlington, VA • 703.243.2122

Brick's Pizza

16 Years of Great Pizza

703-243-6600

Cheese 12" - \$14, \$0.99/topping

Cheese 14" - \$17, \$1.49/topping

Cheese 16" - \$19, \$1.99/topping

**On Tuesdays:
Buy one pizza,
get one free**

Arlington Forest Shopping Center

Hours: 10 am - 11pm Sun - Thurs

10 am - 12 am Fri - Sat



CRYSTAL THAI
Distinctive & Aroma Thai Cuisine

4819 1st Street North

Arlington, VA 22203

(Arlington Forest Shopping Center)

Tel: 703-522-1311

www.crystalthai.com

Dine-in Pick-Up Delivery

Fine Food

Fine Service

Fine Neighbors

Buy One Get One \$7 Off!

Get \$7 off one Lunch or Dinner

Entree when purchasing a

Second Lunch or Dinner Entree

Of Equal or Greater Value

**Good Daily for
Arlington Foresters
With This Coupon
For Dine-in Only**

One Coupon per Party

Not Valid with Luncheon Specials,

Soft Shell Crab and Crispy Flounder

Menu, any Special of

Maximum Discount \$7

Coupon expires June 15, 2024

We honor all Major Credit Cards

Javikan

(Yes We Can!)

Yard Care * Powerwashing

Glass Recycling * Odd jobs



*Staffed with
Young Adults
with Disabilities*

703-585-4946

Javikan123@gmail.com

Our Savior Lutheran School

Arlington, VA

Pre-K (Age 4 by Sept.30)

through 8th grade

Affordable Tuition

Before and After School Program

Small Class Sizes

Many Extracurricular Activities

825 SOUTH TAYLOR STREET

ARLINGTON, VA 22204

703-892-4846

WWW.OSVA.ORG